

The Cambridge Autumnal 200 '20

1 Girton to Framlingham 101km

Turn Left from Girton Pavilion towards Cambridge

SO @ mrbt (no \$) to L @ T \$ City Centre (blue \$)

i Good, wide cycle path on LH-side

SO @ 3x TLs, descend Castle Hill (castle behind car park on LH-side)

SO @ TL, SO @ mrbt, then L @ T by Round Church and opp Hardy's, to R @ T, then L @ TL

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134, becomes A1303

SO @ RBT after P+R and runway approach

i Want a quiet route? L before electronic sign, \$ Stow cum Quy NCN51, through underpass then R on lane and follow NCN \$ Bottisham A1303 (rejoin road) to avoid roundabout

SO @ RBT CARE: BUSY! and then keep in RH lane \$ NEWMARKET A1303

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Cont A1303 to Newmarket: SO @ RBT, then CARE: horse crossings!

In Newmarket SO @ TL; soon R @ RBT imm L \$ MOULTON, NCN51 [*Moulton Rd*]

Climb past The Gallops, CARE horses crossing!

In Moulton SO @ STGX

i Ancient packhorse bridge over R. Kennett before stiff climb

R @ T in Gazeley \$ NCN51

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51

i Desning Hall on hill to R at sharp LH-bend

R @ T \$ BARROW, NCN51

i Denham castle to R at sharp LH-bend

L @ T \$ BARROW, NCN51

In Barrow, SO @ X then R @ T \$ SAXHAM

Thru the Saxhams to Bury St Edmunds

In Bury, R @ mrbt \$ Town Centre



Organised by Nick Wilkinson, 07500 787785.

This Audax UK event takes place on Saturday 17 October 2020, starting at 8:00am.

Control opening and closing times are shown on the brevet.

If you decide to abandon the ride, please let us know by text or phone on 07500 787785, so that we don't have to wait for you to 'not arrive'!

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. This route is advisory.

For more audax events around Cambridge, visit our website at www.camaudax.uk.

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Key to symbols and abbreviations

Distances in kilometres from start of each stage

R, L, RHS, LHB—Right, Left, Right/left-hand side/bend

SO—Straight on @—At

thru—Through cont—Continue

opp—opposite IMM—Immediately

T—T-junction GT—Green Triangle gn—Green

X—Crossroads (give way) STGX—Staggered X

[x]—Crossroads (in your favour, easy to miss)

RBT (3E)—Roundabout, third exit mrbt—Mini RBT

TL—Traffic lights JCN—Junction

\$ Stow-cum-Quy—Sign to Stow-cum-Quy

\$ MOULTON—Sign to and go to/through Moulton

[*Hall Rd*]*—Signed street name*

NCN51—National Cycle Network route 51 (blue signs)

PH—Public house pedx—Pedestrian crossing

i — information or note

More here: www.camaudax.uk/audax/routesheet *ca*

SO @ RBT \$ Bus Station

i Shops, cafés — nice place to stop for a cuppa, but this is NOT a control

Cont to **SO on LH-bend** into restricted zone ...

IMM SO thru bollards on LH-bend between *Greenwoods* and *Greggs* — Pedestrian Zone: you should walk the 5m or so to cross pavement

Keep SO @ JCNs to R @ T then L @ TL
\$ THURSTON [*Mustow St*]

i Bike shop on lefthand-side

Under A14 and climb to ...

R on LH-bend \$ Except for Access [*Shakers Ln*]
imm SO thru no entry \$ *The Bartons* — **MUST USE CYCLE PATH ON LH-side!**

Skip around barrier to join road at bottom of hill, or follow cycle path to rejoin at top of hill.

SO @ 2x RBTs \$ THURSTON NCN 13, 51

i Good, smooth shared-use path on RH-side

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R @ X \$ Beyton

2nd L \$ Stockhold Gn [*The Planche*]

1st R on LH-bend no \$ (NCN51) [*Hollow Ln*]

L @ T IMM R \$ NCN51

R @ T \$ Woolpit

L @ RBT \$ ELMSWELL and thru

Cont to Wetherden where ...

L opp The Maypole PH \$ HAUGHLEY

Soon R by GT before NSL \$ HAUGHLEY

i In Haughley, the duck pond on LH-side is the castle moat; the motte is the be-treed mound behind

R @ T opp Kings Arms PH then 1st L
\$ DEBENHAM [*Station Rd*]

SO @ X in Old Newton \$ GIPPING [*Church Rd*]

In 4km (1.5km after Gipping) L by GT
\$ Mendlesham, Grainstore

Soon 1st R into MENDLESHAM GREEN

L @ T \$ DEBENHAM

*i **Note: you will retrace to here later***

SO @ STGX \$ DEBENHAM CARE BUSY!

L @ T \$ Cycle Route (brown), DEBENHAM
\$ missing

R @ T in Debenham

In 500m L by railings \$ Kenton then bear R
\$ Ashfield

L @ T \$ EARL SOHAM A1120

R @ T in Earl Soham \$ FRAMLINGHAM

Bear L and in 1km R before church no \$

L @ T in Framlingham

R @ mrbt to town centre

CONTROL FRAMLINGHAM 101km

i Café 221B on LH-side; R into one-way then L into East of England Co-operative for café and shop; cont to town centre for pubs, cafés, shops, ATMs, castle

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2 Fram' to Maglia Rosso, Hawstead 52km

Return to mrbt and more-or-less retrace to Middlewood Gn:

Exit mrbt uphill \$ High school, all other routes

i Chippy on LHS

Soon 1st L opp nursery no \$ [Vyces Rd]

R @ T \$ Cycle Route 1 (green & yellow \$)

L @ T into Earl Soham, **bear R** by Victoria PH
then turn L \$ DEBENHAM

In 3km R @ [x] \$ DEBENHAM

R @ T in Debenham **soon 1st L** \$ Fire Station,
then L @ T no \$

L @ T \$ MICKFIELD — \$ missing

In 1km R on LH-bend CARE! \$ MICKFIELD

Thru Mickfield then ...

SO @ STGX \$ MIDDLEWOOD GN **CARE BUSY!**

Thru Middlewood Gn to ...

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L @ T \$ STOWMARKET

R @ T eff SO \$ STOWMARKET A1120

In 1.8km R on LH-bend \$ STOWMARKET B1115

i Garage + Co-op on LH-side before turn

Descend thru Stowmarket — **SO @ RBT** \$ B1113,
SO @ mrbt \$ Station, over level-crossing to ...

SO @ TL by VW garage \$ Leisure Centre

Keep SO to leave Stowmarket **then R on LH-**
bend \$ RATTLESDEN [Lower Rd]

i Café IMM on LHS

In 2.7km 2nd L \$ RATTLESDEN and thru

2km after Rattlesden R by GT opp black barns,
\$ GEDDING

L @ T in Gedding \$ BRADFIELD ST GE(ORGE)

R @ T \$ BRADFIELD ST GEO(RGE)

Thru Bradfield St George

R @ T \$ Bury St Edmunds

Soon L opp hexagonal Toll House imm after
Rushbrooke Arms PH, no \$ [Hawstead Ln]

L @ T \$ HAWSTEAD

In 2km Maglia Rosso on LH-side

CONTROL Maglia Rosso, Hawstead 153km

*i Stop for a cup of tea and grab a receipt; if they
are closed, take a selfie. Note: there is an outside
tap for filling your own bottles!*

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3 Maglia Rosso to Girton, Cambridge 60km

Exit Left from Maglia Rosso

In 3.5km R @ [x] no \$ by post box, notice board, pink cottage [*Lamb Lane*]; then IMM L by GT \$ HARTEST

R@T in Hartest then L@X \$ Glemsford B1066

In 1.8km R \$ HAWKEDON

Thru Hawkedon to R @ T eff SO \$ DENSTON

In Denston bear R then turn L after Gospel Hall \$ Water Lane, no HGVs

L @ T onto A143 \$ Haverhill

*i Best One stores on RH-side before prison***Go past HMP Highpoint prison—probably best not to stop!**

In 4km (1km after prison) R on LH-bend \$ Lt Thurlow, single-track road

In Lt Thurlow, L thru ford, or L @ T

Soon thru width-restriction, IMM R \$ CARLTON [*Temple End Rd*]

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L @ T \$ WEST WICKHAM

SO @ STGX \$ WEST WICKHAM

R @ T in West Wickham \$ BALSHAM

L @ T eff SO in Balsham \$ FULBOURN

*Thru Balsham and enjoy long descent to Fulbourn where ...*SO @ double-mrbt no \$ [*Cambridge Rd*]*i Shared-use path on RHS*

L @ RBT eff SO \$ CAMBRIDGE

SO @ TL \$ CITY CENTRE

SO @ RBT no \$ [*Cherry Hinton Rd*] into 20 zone

SO @ 2× TLs to ...

R @ TL no \$ [*Hills Rd*] and over bridge

SO @ 3× TLs, thru restriction to city centre

i CARE PEDESTRIANS! Take your time thru city centre — shoppers and tourists are not expecting quick cyclists. We really, really mean this!

SO @ TL by John Lewis then bear right by Lloyds Bank

After 6.30pm turn left by Lloyds Bank to town centre and cont SO at all JCNs to Castle Hill, else:

Bear R to L @ T, \$ no left turn 'except cycles'

L @ TL to SO @ TL then bear R into 1-way

SO on RHB/[x] \$ Ped Zone [Bridge St] then SO thru restriction and mrbt to ...

SO @ TL and climb *Castle Hill* to ...SO @ double-TL (*roadworks*)SO @ 2× TLs by *Travellers Rest* PH and Girton Gap park

Soon R \$ GIRTON after BP garage, then SO @ mrbt

*Cont 1km to the recreation ground on RH-side***ARRIVÉE Girton Recreation Pavilion 213km***i Fill in and sign your brevet before handing it in with your proofs of passage; if we're not there, return to Co-op or BP Garage for receipt and mail brevet and receipts to the address in the brevet.*

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