

# The Cambridge Autumnal 200 '19

## 1 Girton to Framlingham 101km

Turn Left from Girton Pavilion towards Cambridge

SO @ mrbt (no \$) to L @ T \$ City Centre (blue \$)

*i Good, wide cycle path on LH-side*

SO @ 3x TLs, descend Castle Hill (castle behind car park on LH-side)

SO @ TL, SO @ mrbt, then L @ T by Round Church and opp Hardy's, to R @ T IMM L @ TL

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134, becomes A1303

SO @ RBT after P+R and runway approach

*i Want a quiet route? L before electronic sign, \$ Stow cum Quy NCN51, through underpass then R on lane and follow NCN \$ Bottisham A1303 (rejoin road) to avoid roundabout*

SO @ RBT CARE: BUSY! and then keep in RH lane \$ NEWMARKET A1303

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Cont A1303 to Newmarket: SO @ RBT, then CARE: horse crossings!

In Newmarket SO @ TL; soon R @ RBT imm L \$ MOULTON, NCN51 [*Moulton Rd*]

*Climb past The Gallops, CARE horses crossing!*

In Moulton SO @ STGX

*i Ancient packhorse bridge over R. Kennett before stiff climb*

R @ T in Gazeley \$ NCN51

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51

*i Desning Hall on hill to R at sharp LH-bend*

R @ T \$ BARROW, NCN51 GRAVEL!

*i Denham castle to R at sharp LH-bend*

L @ T \$ BARROW, NCN51

In Barrow, SO @ X, imm R @ T \$ SAXHAM

*Thru the Saxhams to Bury St Edmunds*



Organised by Nick Wilkinson, 07500 787785.

This Audax UK event takes place on Saturday 19 October 2019, starting at 8:00am.

Control opening and closing times are shown on the brevet.

If you decide to abandon the ride, please let us know by text or phone on 07500 787785, so that we don't have to wait for you to 'not arrive'!

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. This route is advisory.

For more audax events around Cambridge, visit our website at [www.camaudax.uk](http://www.camaudax.uk).

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### Key to symbols and abbreviations

Distances in kilometres from start of each stage

R, L, RHS, LHB—Right, Left, Right/left-hand side/bend

SO—Straight on @—At

thru—Through cont—Continue

opp—opposite IMM—Immediately

T—T-junction GT—Green Triangle gn—Green

X—Crossroads (give way) STGX—Staggered X

[x]—Crossroads (in your favour, easy to miss)

RBT (3E)—Roundabout, third exit mrbt—Mini RBT

TL—Traffic lights JCN—Junction

\$ Stow-cum-Quy—Sign to Stow-cum-Quy

\$ MOULTON—Sign to and go to/through Moulton

[*Hall Rd*]*—Signed street name*

NCN51—National Cycle Network route 51 (blue signs)

PH—Public house pedx—Pedestrian crossing

*i* — information or note

In Bury, R @ mrbt \$ Town Centre

SO @ RBT \$ Bus Station

*i Shops, cafés — nice place to stop for a cuppa, but this is NOT a control*

Cont to SO on LH-bend into restricted zone ...

IMM SO on LH-bend thru bollards between Greenwoods and Greggs — Pedestrian Zone: you should walk the 5m or so to cross pavement

Keep SO @ JCNs to R @ T imm L @ TL \$ THURSTON [Mustow St]

*i Bike shop on lefthand-side*

Under A14 and climb to ...

R on LH-bend \$ Except for Access [Shakers Ln] imm SO thru no entry \$ The Bartons — **MUST USE CYCLE PATH ON LH-side!**

*Skip around barrier to join road at bottom of hill, or follow cycle path to rejoin at top of hill.*

SO @ 2x RBTs \$ THURSTON NCN 13, 51

*i Good, smooth shared-use path on RH-side*

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R @ X \$ Beyton

2nd L \$ Stockhold Gn [The Planche]

1st R on LH-bend no \$ (NCN51) [Hollow Ln]

L @ T IMM R \$ NCN51

R @ T \$ Woolpit

L @ RBT \$ ELMSWELL and thru

*Cont to Wetherden where ...*

L opp The Maypole PH \$ HAUGHLEY

Soon R by GT before NSL \$ HAUGHLEY

*i In Haughley, the duck pond on LH-side is the castle moat; the motte is the be-treed mound behind*

R @ T opp Kings Arms PH then 1st L \$ DEBENHAM [Station Rd]

SO @ X in Old Newton \$ GIPPING [Church Rd]

In 4km (1.5km after Gipping) L by GT \$ Mendelsham, Grainstore

Soon 1st R into MENDELSHAM GN

L @ T \$ DEBENHAM

*i **Note: you will retrace to here later***

SO @ STGX \$ DEBENHAM CARE BUSY!

L @ T \$ Cycle Route (brown), DEBENHAM \$ missing

R @ T in Debenham

In 500m L by railings \$ Kenton then bear R \$ Ashfield

L @ T \$ EARL SOHAM A1120

R @ T in Earl Soham \$ FRAMLINGHAM

Bear L and in 1km R before church no \$

L @ T in Framlingham

R @ mrbt to town centre

**CONTROL FRAMLINGHAM 101km**

*i Café 221B on LH-side; cont to town centre for pubs, cafés (The Common Room, The Teashop), shops, ATMs, castle; R into one-way then L into East of England Co-operative for café and shop*

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**2 Fram' to Maglia Rosso, Hawstead 52km**

*Return to mrbt and more-or-less retrace to Middlewood Gn:*

Exit mrbt uphill \$ High school, all other routes

*i Chippy on LHS*

Soon 1st L opp nursery no \$ [Vyces Rd]

R @ T \$ Cycle Route 1 (green & yellow \$)

L @ T into Earl Soham, bear R by Victoria PH then turn L \$ DEBENHAM

In 3km R @ [x] \$ DEBENHAM

R @ T in Debenham soon 1st L \$ Fire Station, and IMM L @ T no \$

L @ T \$ MICKFIELD — \$ missing?

In 1km R on LH-bend CARE! \$ MICKFIELD

*Thru Mickfield then ...*

SO @ STGX \$ MIDDLEWOOD GN CARE BUSY!

*Thru Middlewood Gn to ...*

**L @ T \$ STOWMARKET**

**R @ T eff SO \$ STOWMARKET A1120**

**In 1.8km R on LH-bend \$ STOWMARKET B1115**

*i Garage + Co-op on LH-side before turn*

Descend thru Stowmarket — **SO @ RBT \$ B1113, SO @ mrbt \$ Station**, over level-crossing to ...

**SO @ TL by VW garage \$ Leisure Centre**

**Keep SO to leave Stowmarket then R on LH-bend \$ RATTLES DEN [Lower Rd]**

*i Café IMM on LHS*

**In 2.7km 2nd L \$ RATTLES DEN and thru**

**2km after Rattlesden R by GT opp black barns, \$ GEDDING**

**L @ T in Gedding \$ BRADFIELD ST GE(ORGE)**

**R @ T \$ BRADFIELD ST GEO(RGE)**

*Thru Bradfield St George*

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**R @ T \$ Bury St Edmunds**

**Soon L opp hexagonal Toll House imm after Rushbrooke Arms PH, no \$ [Hawstead Ln]**

**L @ T \$ HAWSTEAD**

**In 2km Maglia Rosso on LH-side**

**CONTROL Maglia Rosso, Hawstead 153km**

*i Get your brevet stamped by Alex and note time; if Alex isn't there, get a receipt; if they are closed, take a selfie. Note: there is an outside tap for filling your own bottles!*

**3 Maglia Rosso to Girton, Cambridge 60km**

**Exit Left from Maglia Rosso**

**In 3.5km R @ [x] by post box, notice board, pink cottage, then IMM L by GT, both \$ HARTEST**

**R@T in Hartest then L@X \$ Glemsford B1066**

**In 1.8km R \$ HAWKEDON**

**Thru Hawkedon to R @ T eff SO \$ DENSTON**

**In Denston bear R then turn L after Gospel Hall \$ Water Lane, no HGVs**

**L @ T onto A143 \$ Haverhill**

*i Best One stores on RH-side before prison*

*Go past HMP Highpoint prison—probably best not to stop!*

**In 4km R on LH-bend \$ Lt Thurlow, single-track road**

**In Lt Thurlow, L thru ford, or L @ T**

**Soon thru width-restriction, IMM R \$ CARLTON [Temple End Rd]**

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**L @ T \$ WEST WICKHAM**

**SO @ STGX \$ WEST WICKHAM**

**R @ T in West Wickham \$ BALS HAM**

**L @ T eff SO in Balsham \$ FULBOURN**

*Thru Balsham and enjoy long descent to Fulbourn where ...*

**SO @ double-mrbt no \$ [Cambridge Rd]**

*i Shared-use path on RHS*

**L @ RBT eff SO \$ CAMBRIDGE**

**SO @ TL \$ CITY CENTRE**

**SO @ RBT no \$ [Cherry Hinton Rd] into 20 zone**

**SO @ 2× TLs to ...**

**R @ TL no \$ [Hills Rd] and over bridge**

**SO @ 3× TLs, thru restriction to city centre**

*i CARE PEDESTRIANS! Take your time thru city centre — shoppers and tourists are not expecting quick cyclists. **We really, really mean this!***

**SO @ TL** by *John Lewis* then **bear right** by *Lloyds Bank*

*After 6.30pm turn left by Lloyds Bank to town centre and cont SO at all JCNs to Castle Hill, else:*

**Bear R to L @ T, \$ no left turn** 'except cycles'

**L @ TL to SO @ TL then bear R** into 1-way

**IMM SO** on RHB/[x] \$ Ped Zone [Bridge St] then **SO** thru restriction and mrbt to ...

**SO @ TL** and climb *Castle Hill* to ...

**SO @ double-TL**

**SO @ 2x TLs** by *Travellers Rest* PH and *Girton Gap* park

**Soon R \$ GIRTON** after BP garage, then **SO @ mrbt**

*Cont 1km to the recreation ground on RH-side*

**ARRIVÉE Girton Recreation Pavilion 213km**

*i Fill in and sign your brevet before handing it in with your proofs of passage*

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