

The Cambridge Autumnal 200 '19

1 Girton to Framlingham 101km

Turn Left from Girton Pavilion towards Cambridge

SO @ mrbt (no \$) to L @ T \$ City Centre (blue \$)

i Good, wide cycle path on LH-side

SO @ 3x TLs, descend Castle Hill (castle behind car park on LH-side)

SO @ TL, SO @ mrbt, then L @ T by Round Church and opp Hardy's, to R @ T IMM L @ TL 4.2

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134, becomes A1303

SO @ RBT after P+R and runway approach 9.9

i Want a quiet route? L before electronic sign, \$ Stow cum Quy NCN51, through underpass then R on lane and follow NCN \$ Bottisham A1303 (rejoin road) to avoid roundabout

SO @ RBT CARE: BUSY! and then keep in RH lane \$ NEWMARKET A1303

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Cont A1303 to Newmarket: SO @ RBT, then CARE: horse crossings!

In Newmarket SO @ TL; soon R @ RBT imm L \$ MOULTON, NCN51 [*Moulton Rd*] 26.2

Climb past The Gallops, CARE horses crossing!

In Moulton SO @ STGX 31.4

i Ancient packhorse bridge over R. Kennett before stiff climb

R @ T in Gazeley \$ NCN51 34.0

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51 35.0

i Desning Hall on hill to R at sharp LH-bend

R @ T \$ BARROW, NCN51 GRAVEL! 37.2

i Denham castle to R at sharp LH-bend

L @ T \$ BARROW, NCN51

In Barrow, SO @ X, imm R @ T \$ SAXHAM 40.7

Thru the Saxhams to Bury St Edmunds



Organised by Nick Wilkinson, 07500 787785.

This Audax UK event takes place on Saturday 19 October 2019, starting at 8:00am.

Control opening and closing times are shown on the brevet.

If you decide to abandon the ride, please let us know by text or phone on 07500 787785, so that we don't have to wait for you to 'not arrive'!

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. This route is advisory.

For more audax events around Cambridge, visit our website at www.camaudax.uk.

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Key to symbols and abbreviations

Distances in kilometres from start of each stage

R, L, RHS, LHB—Right, Left, Right/left-hand side/bend

SO—Straight on @—At

thru—Through cont—Continue

opp—opposite IMM—Immediately

T—T-junction GT—Green Triangle gn—Green

X—Crossroads (give way) STGX—Staggered X

[x]—Crossroads (in your favour, easy to miss)

RBT (3E)—Roundabout, third exit mrbt—Mini RBT

TL—Traffic lights JCN—Junction

\$ Stow-cum-Quy—Sign to Stow-cum-Quy

\$ MOULTON—Sign to and go to/through Moulton

[*Hall Rd*]*—Signed street name*

NCN51—National Cycle Network route 51 (blue signs)

PH—Public house pedx—Pedestrian crossing

i — information or note

In Bury, R @ mrbt \$ Town Centre 49.1

SO @ RBT \$ Bus Station

i Shops, cafés — nice place to stop for a cuppa, but this is NOT a control

Cont to SO on LH-bend into restricted zone ...

IMM SO on LH-bend thru bollards between Greenwoods and Greggs — Pedestrian Zone: you should walk the 5m or so to cross pavement

Keep SO @ JCNs to R @ T imm L @ TL \$ THURSTON [Mustow St] 50.5

i Bike shop on lefthand-side

Under A14 and climb to ...

R on LH-bend \$ Except for Access [Shakers Ln] imm SO thru no entry \$ The Bartons — **MUST USE CYCLE PATH ON LH-side!** 51.3

Skip around barrier to join road at bottom of hill, or follow cycle path to rejoin at top of hill.

SO @ 2x RBTs \$ THURSTON NCN 13, 51 52.3

i Good, smooth shared-use path on RH-side

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R @ X \$ Beyton 57.4

2nd L \$ Stockhold Gn [The Planche]

1st R on LH-bend no \$ (NCN51) [Hollow Ln]

L @ T IMM R \$ NCN51 61.0

R @ T \$ Woolpit 62.7

L @ RBT \$ ELMSWELL and thru 63.5

Cont to Wetherden where ...

L opp The Maypole PH \$ HAUGHLEY 66.9

Soon R by GT before NSL \$ HAUGHLEY 70.3

i In Haughley, the duck pond on LH-side is the castle moat; the motte is the be-treed mound behind

R @ T opp Kings Arms PH then 1st L \$ DEBENHAM [Station Rd] 72.4

SO @ X in Old Newton \$ GIPPING [Church Rd] 75.1

In 4km (1.5km after Gipping) L by GT \$ Mendelsham, Grainstore 79.4

Soon 1st R into MENDELSHAM GN

L @ T \$ DEBENHAM 82.5

*i **Note: you will retrace to here later***

SO @ STGX \$ DEBENHAM CARE BUSY! 83.6

L @ T \$ Cycle Route (brown), DEBENHAM \$ missing 88.2

R @ T in Debenham 91.2

In 500m L by railings \$ Kenton then bear R \$ Ashfield

L @ T \$ EARL SOHAM A1120 95.1

R @ T in Earl Soham \$ FRAMLINGHAM 98.1

Bear L and in 1km R before church no \$

L @ T in Framlingham 104.7

R @ mrbt to town centre

CONTROL FRAMLINGHAM 101km

i Café 221B on LH-side; cont to town centre for pubs, cafés (The Common Room, The Teashop), shops, ATMs, castle; R into one-way then L into East of England Co-operative for café and shop

2 Fram' to Maglia Rosso, Hawstead 52km

Return to mrbt and more-or-less retrace to Middlewood Gn:

Exit mrbt uphill \$ High school, all other routes

i Chippy on LHS

Soon 1st L opp nursery no \$ [Vyces Rd]

R @ T \$ Cycle Route 1 (green & yellow \$)

L @ T into Earl Soham, bear R by Victoria PH then turn L \$ DEBENHAM 6.4

In 3km R @ [x] \$ DEBENHAM 9.4

R @ T in Debenham soon 1st L \$ Fire Station, and IMM L @ T no \$ 12.8

L @ T \$ MICKFIELD — \$ missing? 14.9

In 1km R on LH-bend CARE! \$ MICKFIELD 15.9

Thru Mickfield then ...

SO @ STGX \$ MIDDLEWOOD GN CARE BUSY! 19.4

Thru Middlewood Gn to ...

L @ T \$ STOWMARKET 23.1
 R @ T eff SO \$ STOWMARKET A1120 24.4
 In 1.8km R on LH-bend \$ STOWMARKET B1115 26.2

i Garage + Co-op on LH-side before turn

Descend thru Stowmarket — SO @ RBT \$ B1113,
 SO @ mrbt \$ Station, over level-crossing to ...

SO @ TL by VW garage \$ Leisure Centre 28.2

Keep SO to leave Stowmarket then R on LH-
 bend \$ RATTLES DEN [Lower Rd] 30.6

i Café IMM on LHS

In 2.7km 2nd L \$ RATTLES DEN and thru 33.3

2km after Rattlesden R by GT opp black barns,
 \$ GEDDING 39.3

L @ T in Gedding \$ BRADFIELD ST GE(ORGE)

R @ T \$ BRADFIELD ST GEO(RGE)

Thru Bradfield St George

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R @ T \$ Bury St Edmunds 48.0

Soon L opp hexagonal Toll House imm after
 Rushbrooke Arms PH, no \$ [Hawstead Ln]

L @ T \$ HAWSTEAD 50.0

In 2km Maglia Rosso on LH-side 51.8

CONTROL Maglia Rosso, Hawstead 153km

i Get your brevet stamped by Alex and note time;
 if Alex isn't there, get a receipt; if they are closed,
 take a selfie. Note: there is an outside tap for filling
 your own bottles!

3 Maglia Rosso to Girton, Cambridge 60km

Exit Left from Maglia Rosso

In 3.5km R @ [x] by post box, notice board, pink
 cottage, then IMM L by GT, both \$ HARTEST 3.6

R@T in Hartest then L@X \$ Glemsford B1066 7.0

In 1.8km R \$ HAWKEDON 8.8

Thru Hawkedon to R @ T eff SO \$ DENSTON 14.2

In Denston bear R then turn L after Gospel Hall
 \$ Water Lane, no HGVs 16.5

L @ T onto A143 \$ Haverhill 18.0

i Best One stores on RH-side before prison

Go past HMP Highpoint prison—probably best
 not to stop!

In 4km R on LH-bend \$ Lt Thurlow, single-track
 road 22.1

In Lt Thurlow, L thru ford, or L @ T 25.7

Soon thru width-restriction, IMM R \$ CARLTON
 [Temple End Rd]

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L @ T \$ WEST WICKHAM 30.2

SO @ STGX \$ WEST WICKHAM 31.9

R @ T in West Wickham \$ BALS HAM 34.2

L @ T eff SO in Balsham \$ FULBOURN 37.2

Thru Balsham and enjoy long descent to
 Fulbourn where ...

SO @ double-mrbt no \$ [Cambridge Rd] 46.5

i Shared-use path on RHS

L @ RBT eff SO \$ CAMBRIDGE 48.8

SO @ TL \$ CITY CENTRE 49.7

SO @ RBT no \$ [Cherry Hinton Rd] into 20 zone
 51.0

SO @ 2x TLs to ...

R @ TL no \$ [Hills Rd] and over bridge 52.2

SO @ 3x TLs, thru restriction to city centre

i **CARE PEDESTRIANS!** Take your time thru city
 centre — shoppers and tourists are not expecting
 quick cyclists. **We really, really mean this!**

SO @ TL by *John Lewis* then **bear right** by *Lloyds Bank*

After 6.30pm turn left by Lloyds Bank to town centre and cont SO at all JCNs to Castle Hill, else:

Bear R to L @ T, \$ no left turn 'except cycles'

L @ TL to SO @ TL then bear R into 1-way **54.6**

IMM SO on RHB/[x] \$ Ped Zone [Bridge St] then **SO** thru restriction and mrbt to ...

SO @ TL and climb *Castle Hill* to ... **55.3**

SO @ double-TL

SO @ 2x TLs by *Travellers Rest* PH and *Girton Gap* park

Soon R \$ GIRTON after BP garage, then **SO @ mrbt** **57.9**

Cont 1km to the recreation ground on RH-side

ARRIVÉE Girton Recreation Pavilion 213km

i Fill in and sign your brevet before handing it in with your proofs of passage

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