

The Cambridge Autumnal 200 '18

1 Girton to Framlingham 101km

Turn Left from Girton Pavilion towards Cambridge

SO @ mrbt (no \$) to L @ T \$ City Centre (blue \$)

i Good, wide cycle path on LHS

SO @ 3x TL, descend Castle Hill (castle behind car park on LHS)

SO @ TL, SO @ mrbt, then L @ Round Church opp Hardy's, to R @ T then L @ TL 4.2

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134, becomes A1303

SO @ RBT after P+R and runway approach 9.9

i Want a quiet route? L before electronic sign, \$ Stow cum Quy NCN51, through underpass then R on lane and follow NCN \$ Bottisham A1303 (rejoin road) to avoid roundabout

SO @ RBT CARE: BUSY! and keep in RH lane \$ NEWMARKET A1303

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Cont A1303 to Newmarket: SO @ 1x RBT, then CARE: horse xings!

In Newmarket SO @ TL; soon R @ RBT imm L \$ MOULTON, NCN51 [Moulton Rd] 26.2

In Moulton SO @ STGX 31.4

i Ancient packhorse bridge over R. Kennett before stiff climb

R @ T in Gazeley \$ NCN51 34.0

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51 35.0

i Desning Hall on hill to R at sharp LHB

R @ T \$ BARROW, NCN51 GRAVEL! 37.2

i Denham castle to R at sharp LHB

L @ T \$ BARROW, NCN51

In Barrow, SO @ X, imm R @ T \$ SAXHAM 40.7

Thru the Saxhams to Bury St Edmunds

In Bury R @ mrbt \$ Town Centre 49.1

SO @ RBT \$ Bus Station

i Shops, cafés, banks; this is NOT a control

Cont to SO on LHB into restricted zone ...

IMM SO thru bollards on LHB between Greenwoods and Greggs — Pedestrian Zone: you should walk the 5m or so to cross pavement

Keep SO @ JCNs to R @ T imm L @ TL \$ THURSTON [Mustow St] 50.5

i Bike shop on LHS

Under A14 and climb to ...

R on LHB \$ Except for Access [Shakers Ln] imm SO thru no entry **MUST USE CYCLE PATH ON LHS!** \$ The Bartons 51.3

Skip around barrier to join road at bottom of hill, or follow cycle path to rejoin at top of hill.

SO @ 2x RBT \$ THURSTON NCN 13, 51 52.3

i Good, smooth shared-use path on RHS

R @ X \$ Beyton 57.4

2nd L \$ Stockhold Gn [The Planche]

1st R on LHB no \$ (NCN51) [Hollow Ln] GRAVEL!

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L @ T IMM R \$ NCN51 61.0

R @ T \$ Woolpit 62.7

L @ RBT \$ ELMSWELL and thru 63.5

Cont to Wetherden where ...

L opp The Maypole PH \$ HAUGHLEY 66.9

Soon R by GT before NSL \$ HAUGHLEY 70.3

i In Haughley, the duck pond on LHS is the castle moat; the motte is the be-treed mound behind

R @ T opp Kings Arms PH then 1st L \$ DEBENHAM [Station Rd] 72.4

SO @ X in Old Newton \$ GIPPING [Church Rd] 75.1

In 4km (1.5km after Gipping) L by GT \$ Mendelsham, Grainstore 79.4

Soon 1st R into MENDELSHAM GN

L @ T \$ DEBENHAM 82.5

*i **Note: you will retrace to here later***

SO @ STGX \$ DEBENHAM CARE BUSY! 83.6

L @ T \$ Cycle Route (brown), DEBENHAM \$ missing	88.2
R @ T in Debenham	91.2
In 500m L by railings \$ Kenton and bear R \$ Ashfield	
L @ T \$ EARL SOHAM A1120	95.1
R @ T in Earl Soham \$ FRAMLINGHAM	98.1
Bear L and in 1km R before church no \$ L @ T in Framlingham	104.7
R @ mrbt to town centre	

CONTROL FRAMLINGHAM 101km

i Café 221B on LHS; cont to town centre for pubs, cafés (The Common Room, The Teashop), shops, ATMs, castle; R into one-way then L into East of England Co-operative for café and shop

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Organised by Nick Wilkinson, 07500 787785.

This Audax UK event takes place on Saturday 27 October 2018, starting at 9:00am.

Control opening and closing times are shown on the brevet.

If you decide to abandon the ride, please let us know by text or phone on 07500 787785, so that we don't have to wait for you to 'not arrive'!

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. This route is advisory.

For more audax events around Cambridge, visit our website at www.camaudax.uk.

Key to symbols and abbreviations

Distances in kilometres from start of each stage

R, L, RHS, LHB—Right, Left, Right/left-hand side/bend

SO—Straight on @—At

thru—Through cont—Continue

opp—opposite **IMM**—Immediately

T—T-junction **GT**—Green Triangle gn—Green

X—Crossroads (give way) **STGX**—Staggered X

[**x**]—Crossroads (in your favour, easy to miss)

RBT (3E)—Roundabout, third exit **mrbt**—Mini RBT

TL—Traffic lights **JCN**—Junction

\$ Stow-cum-Quy—Sign to Stow-cum-Quy

\$ MOULTON—Sign to and go to/through Moulton

[Hall Rd]—Signed street name

NCN51—National Cycle Network route 51 (blue signs)

PH—Public house pedx—Pedestrian crossing

i — information or note

More here: www.camaudax.uk/audax/routesheet **ca**

2 Fram' to Maglia Rosso, Hawstead 52km

Return to mrbt and more-or-less retrace to Middlewood Gn:

Exit mrbt uphill \$ High school, all other routes

i Chippy on LHS

Soon 1st L opp nursery no \$ [Vyces Rd]

R @ T \$ Cycle Route 1 (green & yellow \$)

L @ T into Earl Soham, bear R by Victoria PH then turn L \$ DEBENHAM 6.4

In 3km R @ [x] \$ DEBENHAM 9.4

R @ T in Debenham soon 1st L \$ Fire Station, and IMM L @ T no \$ 12.8

L @ T \$ MICKFIELD — \$ missing 14.9

In 1km R on LHB CARE! \$ MICKFIELD 15.9

Thru Mickfield then SO @ STGX \$ MIDDLEWOOD GN !CARE BUSY! 19.4

Thru Middlewood Gn to L @ T \$ STOWMARKET 23.1

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R @ T eff SO \$ STOWMARKET A1120 24.4

In 1.8km R on LHB \$ STOWMARKET B1115 26.2

i Garage + Co-op on LHS before turn

Descend thru Stowmarket — **SO @ RBT \$B1113 then SO @ mrbt \$ Station, over LX to ...**

SO @ TL by VW garage \$ Leisure Centre 28.2

Keep SO to leave Stowmarket then R on LHB \$ RATTLESDEN [Lower Rd] 30.6

i Café IMM on LHS

In 2.7km 2nd L \$ RATTLESDEN and thru 33.3

2km after Rattlesden R by GT opp black barns, \$ GEDDING 39.3

L @ T in Gedding \$ BRADFIELD ST GE(ORGE)

R @ T \$ BRADFIELD ST GEO(RGE)

Thru Bradfield St George

R @ T \$ Bury St Edmunds 48.0

Imm L opp hexagonal Toll House imm after Rushbrooke Arms PH, no \$ [Hawstead Ln]

L @ T \$ HAWSTEAD 50.0

In 2km Maglia Rosso on LHS 51.8

CONTROL Maglia Rosso, Hawstead 153km

i Get your brevet stamped by Alex and note time; if Alex isn't there, get a receipt; if they are closed, take a selfie. Note: there is an outside tap for filling your own bottles!

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3 Maglia Rosso to Girton, Cambridge 60km

Exit L from Maglia Rosso

In **3.5km R @ [x]** by PB, notice board, pink cottage, then IMM L by GT, both \$ HARTEST **3.6****R @ T** in Hartest and **IMM L @ STGX** \$ Glemsford B1066 **7.0**In **1.8km R** \$ HAWKEDON **8.8**Thru Hawkedon to **R @ T eff SO** \$ DENSTON **14.2**In Denston bear R around bend then L after Gospel Hall \$ Water Lane, no HGVs **16.5****L @ T** onto A143 \$ Haverhill **18.0***i Best One stores on RHS before prison***Go past HMP Highpoint prison—probably best not to stop!**In **4km L on RHB** \$ Lt Thurlow, single-track road **22.1**In Lt Thurlow, L thru ford, or **L @ T** **25.7**

Soon thru width-restriction, IMM R \$ CARLTON [Temple End Rd]

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L @ T \$ WEST WICKHAM **30.2****SO @ STGX** \$ WEST WICKHAM **31.9****R @ T** in West Wickham \$ BALSHAM **34.2****L @ T eff SO** in Balsham \$ FULBOURN **37.2***Thru Balsham and enjoy long descent to Fulbourn where ...***SO @ double-mrbt** no \$ [Cambridge Rd] **46.5***i Shared-use path on RHS***L @ RBT eff SO** \$ CAMBRIDGE **48.8****SO @ TL** \$ CITY CENTRE **49.7****SO @ RBT** no \$ [Cherry Hinton Rd] into 20 zone **51.0****SO @ 2× TL** to ...**R @ TL** no \$ [Hills Rd] and over bridge **52.2****SO @ 3× TL**, thru restriction to city centre*i **CARE PEDESTRIANS!** Take your time thru city centre — shoppers and tourists are not expecting quick cyclists. **We really, really mean this!*****SO @ TL** by John Lewis then bear R by Lloyds Bank**After 6.30pm L** by Lloyds Bank and cont SO at all JCNs to Castle Hill, else ...**Bear R to L @ T**, \$ no left turn 'except cycles'**L @ TL to SO @ TL** then bear R into 1-way **54.6****IMM SO on RHB/[x]** \$ Ped Zone [Bridge St] then SO thru restriction and mrbt to ...**SO @ TL** and climb *Castle Hill* to ... **55.3****SO @ double-TL****SO @ TL** by Travellers Rest PH and Girton Gap park**Soon R** \$ GIRTON after BP garage, then **SO @ mrbt** **57.9***Cont to the recreation ground on RHS***ARRIVÉE Girton Recreation Pavilion 213km***i Fill in and sign your brevet before handing it in with your proofs of passage*

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