

The Cambridge Autumnal 200 '17

1 Girton to Framlingham 101km

Turn Left from Girton Pavilion towards Cambridge

SO @ mrbt (no \$) to **L @ T** \$ City Centre (blue \$)

i Good, wide cycle path on LHS

SO @ 3x TL, descend Castle Hill (castle behind car park on LHS)

SO @ TL, **SO @ mrbt**, then **L @ Round Church** opp Hardy's, to **R @ T** then **L @ TL**

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134, becomes A1303

SO @ RBT after P+R and runway approach

L before electronic sign, \$ Stow cum Quy NCN51, through underpass then **R** on lane

Follow NCN \$ Bottisham A1303 (rejoin road)

*i For the quick and the brave: ignore L turn and cont to **SO @ RBT !CARE BUSY!** and keep in RH lane \$ NEWMARKET A1303*

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Cont A1303 to Newmarket: **SO @ 1x RBT**, then **!CARE horse xings!**

In Newmarket **SO @ TL**; soon **R @ RBT imm L** \$ MOULTON, NCN51 [*Moulton Rd*]

In Moulton **SO @ STGX**

i Ancient packhorse bridge over R. Kennett before stiff climb

R @ T in Gazeley \$ NCN51

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51

*i Desning Hall on hill to **R** at sharp LHB*

R @ T \$ BARROW, NCN51 **!GRAVEL!**

*i Denham castle to **R** at sharp LHB*

L @ T \$ BARROW, NCN51

In Barrow, **SO @ X**, **imm R @ T** \$ SAXHAM

Thru the Saxhams to Bury St Edmunds

In Bury R @ **mrbt** \$ Town Centre

SO @ RBT \$ Bus Station

i Shops, cafés, banks; this is NOT a control

Cont to **SO on LHB** into restricted zone ...

IMM SO thru bollards on LHB between Greenwoods and Greggs — Pedestrian Zone: you should walk the 5m or so to cross pavement

Keep SO @ JCNs to **R @ T imm L @ TL** \$ THURSTON [*Mustow St*]

i Bike shop on LHS

Under A14 and climb to ...

R on LHB \$ Except for Access [*Shakers Ln*] **imm SO** thru no entry **!MUST USE CYCLE PATH ON LHS!** \$ The Bartons

Skip around barrier to join road at bottom of hill, or follow cycle path to rejoin at top of hill.

SO @ 2x RBT \$ THURSTON NCN 13, 51

i Good, smooth shared-use path on RHS

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R @ X \$ Beyton

2nd L \$ Stockhold Gn [*The Planche*]

1st R on LHB no \$ (NCN51) [*Hollow Ln*] **!GRAVEL!**

L @ T IMM R \$ NCN51

R @ T \$ Woolpit

L @ RBT \$ ELMSWELL and thru

Cont to Wetherden where ...

L opp *The Maypole* PH \$ HAUGHLEY

Soon R by GT before NSL \$ HAUGHLEY

i In Haughley, the duck pond on LHS is the castle moat; the motte is the betreed mound behind

R @ T opp *Kings Arms* PH then **1st L** \$ DEBENHAM [*Station Rd*]

SO @ X in Old Newton \$ GIPPING [*Church Rd*]

In 4km (1.5km after Gipping) **L** by GT \$ Mendelsham, Grainstore

Soon 1st R into MENDELSHAM GN

L @ T \$ DEBENHAM

i **Note: you will retrace to here later**

SO @ STGX \$ DEBENHAM !CARE BUSY!

L @ T \$ Cycle Route (brown), DEBENHAM
\$ missing

R @ T in Debenham

In 500m L by railings \$ Kenton and bear R
\$ Ashfield

L @ T \$ EARL SOHAM A1120

R @ T in Earl Soham \$ FRAMLINGHAM

Bear L and in 1km R before church no \$

L @ T in Framlingham

R @ mrbt to town centre

CONTROL FRAMLINGHAM 101km

i Café 221B on LHS; cont to town centre for
pubs (several), cafés (The Common Room, The
Teashop), shops, ATMs, castle; R into one-way then
L into East of England Co-operative for café and
shop

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Organised by Nick Wilkinson, 07500 787785.

This Audax UK event takes place on Saturday
21 October 2017, starting at 8:00am.

Control opening and closing times are shown
on the brevet.

If you decide to abandon the ride, please let us
know by text or phone on 07500 787785, so that
we don't have to wait for you to 'not arrive'!

This event is run under the governance of Audax
UK and is undertaken as a private excursion on
public roads. This route is advisory.

**For more audax events around Cambridge,
visit our website at www.camaudax.uk.**

Key to symbols and abbreviations

Distances in kilometres from start of each stage

R, L, RHS, LHB—Right, Left, Right/left-hand side/bend

SO—Straight on @—At

thru—Through cont—Continue

opp—opposite IMM—Immediately

T—T-junction GT—Green Triangle gn—Green

X—Crossroads (give way) STGX—Staggered X

[x]—Crossroads (in your favour, easy to miss)

RBT (3E)—Roundabout, third exit mrbt—Mini RBT

TL—Traffic lights JCN—Junction

\$ Stow-cum-Quy—Sign to Stow-cum-Quy

\$ MOULTON—Sign to and go to/through Moulton

[Hall Rd]—Signed street name

NCN51—National Cycle Network route 51 (blue
signs)

PH—Public house pedx—Pedestrian crossing

i — information or note

More here: www.camaudax.uk/audax/routesheet *ca*

2 Framlingham to Maglia Rosso, Hawstead 52km

Return to mrbt and more-or-less retrace to Middlewood Gn:

Exit mrbt uphill \$ High school, all other routes

i Chippy on LHS

Soon 1st L opp nursery no \$ [*Vyces Rd*]

R @ T \$ Cycle Route 1 (green & yellow \$)

L @ T into Earl Soham, **bear R** by *Victoria* PH then turn **L** \$ DEBENHAM

In 3km R @ [x] \$ DEBENHAM

R @ T in Debenham **soon 1st L** \$ Fire Station, and **IMM L @ T** no \$

L @ T \$ MICKFIELD — \$ missing

In 1km R on LHB !CARE! \$ MICKFIELD

Thru Mickfield then **SO @ STGX** \$ MIDDLEWOOD GN **!CARE BUSY!**

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Thru Middlewood Gn to **L @ T** \$ STOWMARKET

R @ T eff SO \$ STOWMARKET A1120

In 1.8km R on LHB \$ STOWMARKET B1115

i Garage + Co-op on LHS before turn

Descend thru Stowmarket — **SO @ RBT** \$B1113 then **SO @ mrbt** \$ Station, over LX to ...

SO @ TL by VW garage \$ Leisure Centre

Keep **SO** to leave Stowmarket then **R on LHB** \$ RATTLESDEN [*Lower Rd*]

i Café IMM on LHS

In 2.7km 2nd L \$ RATTLESDEN and thru

2km after Rattlesden **R** by GT opp black barns, \$ GEDDING

L @ T in Gedding \$ BRADFIELD ST GE(ORGE)

R @ T \$ BRADFIELD ST GEO(RGE)

Thru Bradfield St George

R @ T \$ Bury St Edmunds

Soon L opp hexagonal Toll House and *Rushbrooke Arms* PH, no \$ [*Hawstead Ln*]

L @ T \$ HAWSTEAD

In 2km Maglia Rosso at the Metcalfe Arms on LHS

CONTROL Maglia Rosso, Hawstead 153km

i Get your brevet stamped by Alex and note time; if Alex isn't there, get a receipt; if they are closed, take a selfie. Note: there is an outside tap for filling your own bottles!

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3 Maglia Rosso to Girton, Cambridge 60km

Exit L from Maglia Rosso

In **3.5km R @ [x]** by PB, notice board, pink cottage, then **IMM L** by GT, both \$ HARTEST**R @ T** in Hartest and **IMM L @ STGX** \$ Glemsford B1066In **1.8km R** \$ HAWKEDONThru Hawkedon to **R @ T eff SO** \$ DENSTONIn Denston **bear R** around bend then **L** after Gospel Hall \$ Water Lane, no HGVs**L @ T** onto A143 \$ Haverhill*i Best One stores on RHS before prison**Go past HMP Highpoint prison—probably best not to stop!*In **4km L on RHB** \$ Lt Thurlow, single-track roadIn Lt Thurlow, **L** thru ford, or **L @ T**Soon thru width-restriction, **IMM R** \$ CARLTON [Temple End Rd]**L @ T** \$ WEST WICKHAM

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SO (R+L) @ STGX \$ WEST WICKHAM**R @ T** in West Wickham \$ BALSHAM**L @ T eff SO** in Balsham \$ FULBOURN*Thru Balsham and enjoy long descent to Fulbourn where ...***SO @ double-mrbt** no \$ [Cambridge Rd]*i Shared-use path on RHS***L @ RBT eff SO** \$ CAMBRIDGE**SO @ TL** \$ CITY CENTRE**SO @ RBT** no \$ [Cherry Hinton Rd] into 20 zone**SO @ 2x TL** to ...**R @ TL** no \$ [Hills Rd] and over bridge**SO @ 3x TL**, thru restriction to city centre*i **!CARE PEDESTRIANS!** Take your time thru city centre — shoppers and tourists are not expecting quick cyclists. **!We really, really mean this!*****SO @ TL** by John Lewis then **bear R** by Lloyds Bank*After 6.30pm **L** by Lloyds Bank and cont SO at all JCNs to Castle Hill***Bear R to L @ T**, \$ no left turn 'except cycles'**L @ TL to SO @ TL** then **bear R** into 1-way**IMM SO on RHB/[x]** \$ Ped Zone [Bridge St] then **SO** thru restriction and mrbt to ...**SO @ TL** and climb *Castle Hill* to ...**SO @ double-TL****SO @ TL** by Travellers Rest PH and Girton Gap park**Soon R** \$ GIRTON after BP garage, then **SO @ mrbt***Cont to the recreation ground on RHS***ARRIVÉE Girton Recreation Pavilion 213km***i Fill in and sign your brevet before handing it in with your proofs of passage*

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