

Cambridge Shipping Lanes 200

1 Cambridge to Shotley Gate 101km

z Get a receipt from Cambridge city centre – cafés, ATMs, etc.; use same at end, or close by.

From NatWest Bank, L opposite John Lewis head up Emmanuel St (the bus station) and bear R THEN IMM L @ RBT no \$

Thru traffic restriction THEN R @ RBT

SO @ all Tls and RBTs to Cambridge Airport \$ Newmarket A1134 becomes A1303

SO @ RBT after P+R and runway approach

L \$ Stow cum Quy NCN51 before digital sign, through underpass then R

Follow NCN \$ Bottisham A1303 and rejoin road or cont on shared path

1st R \$ SIX MILE BOTTOM, The Wilbrahams

SO @ X in Six Mile Bottom \$ BRINKLEY

fold first

L @ T \$ Lawshall and into Shimpling in 1.5km, 1st R by GT with PB \$ Long Melford, cycle route [Aveley Ln]

L @ T then R @ T imm L \$ cycle route, no HGVs

In Lavenham L @ T and descend to R \$ HADLEIGH [Water St] A1141

z Nice cafés in Lavenham, which is an historic town; it is not a control, though

In 4km, in Brent Eleigh after Café Como, R, then soon SO @ X, both \$ MILDEN, Boxford

L @ T (GT) \$ KERSEY, Hadleigh

L @ T in Kersey \$ Hadleigh

R @ X \$ HADLEIGH

L & R to cross A1071 \$ HADLEIGH !CARE! and into Hadleigh

SO @ mrbt SOON L @ give way by memorial

In 5.5km, R \$ CHATTISHAM (\$ missing?) just before Hintelsham, PB on RHS

fold second

R @ T eff SO imm L eff SO in Brinkley \$ GT BRADLEY

In 1km L \$ GT BRADLEY

R @ T \$ GT BRADLEY and into Suffolk

L (GT) \$ COWLINGE in Gt Bradley [Hall Rd]

In 3.5km, 1st R @ [x] \$ Hobbles Gn. and soon 1st L no \$ [Trotting Horse Ln]

R @ T THEN L @ T THEN R @ T, all \$ STRADISHALL

In 1km L on RHB (GT) \$ Wickhambrook

R @ T (GT) \$ STRADISHALL

L @ T no \$, soon 2nd R before Suffolk Trade Centre \$ Unsuitable for HGVs

R @ T \$ Hawkedon, Long Melford

In 2km L on RHB \$ HAWKEDON

L @ T \$ HARTEST B1066

In Hartest R @ gn, memorial \$ SHIMPLING

In Chatisham 2nd R by GT, church, \$ COPDOCK

At old dual carriageway L @ T imm R \$ BELSTEAD

In Belstead, R @ T \$ WHERSTEAD

SO @ X \$ dead end [Valley Ln]

SO by Business Centre thru gate to restricted byway — follow concrete road thru woodland

R @ T

L @ T imm R @ T eff SO \$ SHOTLEY B1456

Thru Wolverstone, Chelmondiston, Shotley St, Shotley; watch as the port cranes get closer!

CONTROL Shotley Gate 101km

z Pub and café at bottom of hill. Museum and pub in Marina. If all closed, selfie in front of pub and receipt from Shotley Stores. Don't forget to admire the views of two ports across the bay: Felixstowe on the left and Harwich on the right



Organised by Nick Wilkinson, 07500 787785.

This AUK permanent event can be ridden in either direction starting at any control. If you wish to start at a point between controls, please check with organiser first.

You must notify the organiser of your intent to start before you set off.

Write shop names and control times on brevet and send with receipts/proofs of passage to:

Nick Wilkinson
42 Dodford Lane
Girton, Cambridge
CB3 0QE

nick@camaudax.uk

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. This route is advisory.

For more audax events around Cambridge, visit our website at www.camaudax.uk.

fold first

fold second

Key

Distances in kilometres from start of each stage

R, L, RHS, LHB—*Right, Left, Right/Left-hand side/bend*

SO—*Straight on* @—*At*

thru—*Through* cont—*Continue*

opp—*opposite* IMM—*Immediately*

T—*T-junction* GT—*Green Triangle* gn—*Green*

X—*Crossroads (give way)* STGX—*Staggered X*

[x]—*Crossroads (in your favour, easy to miss)*

RBT (3E)—*Roundabout, third exit* mrbt—*Mini RBT*

TL—*Traffic lights*

\$ Newmarket—*Sign to Newmarket*

\$ BRINKLEY—*Sign to and go to/through Brinkley*

[Blacksmiths Hill]—*Signed street name*

NCN64—*National Cycle Network route 64*

LC—*Level crossing*

xing—*Crossing* pedx—*Pedestrian crossing*

PH—*Public house* PB—*Post box* TB—*Telephone box*

NSL—*National Speed Limit sign*

i — *information or note*

2 Shotley Gate to Sudbury 50km

Climb hill back along B1456 and cont to Shotley

400m after Shotley Stores (on LHS),
L \$ ERWARTON

In 7.5km L \$ BRANTHAM [Back Hill]

L @ T \$ BRANTHAM

In Brantham, L @ T \$ Manningtree A137

In 1.4km R on LHB !CARE! \$ E BERGHOLT
[Slough Rd]

L @ T \$ E BERHOLT [Straight Rd]

R @ X \$ Hadleigh and thru E Berholt

Over A12 then in 1.5km L on RHB \$ Bacons
Green

R @ T \$ SHELLEY

Soon 1st L \$ SHELLEY

Cross river in Shelley and bear sharp R then
imm L \$ POLSTEAD, Stoke by Nayland

fold second

L @ T \$ POLSTEAD, STOKE

In 1km R by GT \$ POLSTEAD

1st L \$ POLSTEAD

R @ T in Polstead by pond, \$ BOXFORD

In 800m L \$ BOXFORD, SUDBURY

L @ T eff SO \$ SUDBURY, BOXFORD

Then L @ T \$ SUDBURY A1071

Soon 1st R \$ BOXFORD

In Boxford, L @ T eff SO

! Cafés, shops in Boxford

R on LHB by PO before bridge and church
\$ GROTON [Swan St]

In 500m L \$ GT WALDINGFIELD
[Sherbourne St]

L @ T (GT) \$ SUDBURY

In Gt Waldingfield, L @ T \$ SUDBURY

Soon bear R @ mrbt \$ SUDBURY B1115

SO @ 2x RBT

*! i McDonald's on LHS, BP Garage opposite, THEN
cont. to town centre*

L @ TL into one-way

Take far RH lane and bear R \$ Town Centre

CONTROL Sudbury 151km

! Shops, cafés, pubs, ATMs

fold first

3 Sudbury to Girton 58km*From Sudbury town centre*

Cont along one-way THEN SO on RHB
\$ Chelmsford A131

Cross river then R @ TL \$ THE BELCHAMPS
[Bulmer Rd]

In 1.4km R \$ BORLEY, THE BELCHAMPS
[Finch Hill]

In 2.5km, 3rd R \$ BELCHAMPS (yellow sand
bunker)

L @ T \$ BELCHAMP ST PAUL and into

Soon R on gn by GT, TB \$ OVINGTON
[Bakers Rd]

In 3km, 2nd R \$ ASHEN

L @ T (GT) \$ RIDGEWELL

In 1km, R (by GT) \$ STOKE [Ashen Hill]

SO @ double-mrbt no \$ [Cambridge Rd]

i Shared-use path on RHS

L @ RBT eff SO \$ CAMBRIDGE

SO @ TL \$ CITY CENTRE

SO @ RBT no \$ [Cherry Hinton Rd] into 20
zone

SO @ 2x TL to ...

R @ TL no \$ [Hills Rd] and over bridge

SO @ 3x TLs, thru traffic restriction to city
centre

SO @ TL by *John Lewis* to ...

ARRIVÉE CAMBRIDGE 209km

i ATMs, shops, cafés. Lock your bike if you leave it.
NatWest or Santander opp Grand Arcade are
ideal; TSB, Lloyds, Barclays, Metro all nearby.

fold first

fold second

L @ T in Stoke by Clare

In 400m R no \$ [Blacksmiths Hill]

Keep L at top of hill! (faint roadmarkings)

R @ T (GT) then imm bear L \$ KEDINGTON

In Kedington, L @ T (GT)

R @ T \$ Haverhill

SO @ STGX (R+L) to cross A143 \$ GT
WRATTING, THURLOW B1061

Thru Gt Wratting and Gt Thurlow

After The Cock Inn PH in Lt Thurlow, L before
narrow bridge \$ Carlton [Temple End Rd]

L @ T no \$

SO @ STGX (R + L) \$ WEST WICKHAM

In W Wickham, R @ T \$ BALSHAM

In Balsham, L @ T \$ Linton B1052

*Thru Balsham and enjoy long descent to
Fulbourn where ...*