

## Cambridge Market 200

### 1 Girton to Bury St Edmunds 49km

L from Co-Op in Girton towards Cambridge

SO @ mrbt no \$

L @ T \$ CAMBRIDGE [*Huntingdon Road*]

Descend Castle Hill (castle behind car park),  
SO @ TL, SO @ mrbt, thru bollards

L @ Round Church, R @ T *then* L @ TL 3.8

SO @ all TLs and RBTs to Cambridge Airport  
\$ NEWMARKET A1134 becomes A1303

SO @ RBT after P+R and runway approach 9.3

L \$ Stow cum Quy NCN51, through underpass  
*then* R 10.5

Follow NCN \$ Bottisham A1303 (rejoin road)

Cont A1303 to Newmarket (SO @ 1x RBT) 11.3

In Newmarket SO @ TL *soon* R @ RBT imm L  
\$ MOULTON 25.6

2

In Moulton SO @ STGX 30.8

R @ T in Gazeley \$ NCN51 33.3

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51 34.3

*Desning Hall to R at sharp LHB*

R @ T \$ BARROW, NCN51

*Denham castle to R at sharp LHB*

L @ T/GT \$ BARROW NCN51 39.7

SO @ X imm R @ T \$ SAXHAM

*Thru the Saxhams*

In Bury R @ mrbt \$ Town Centre (garage on L  
optional control) 48.4

SO @ RBT \$ Bus Station

**CONTROL Bury 49km 49.3**

*Shops, cafés, banks*

1

### 2 Bury to Needham Market 29km

Cont to R eff SO on LHB

Imm SO thru bollards on LHB down side of  
Gregg's (ped zone: walk 30m)

Keep SO to R @ T imm L @ TL

Under A14 and R \$ Except for Access  
[*Shakers Ln*] imm SO thru no entry USE CYCLE  
PATH! 1.3

SO @ RBT no \$ [*Mount Rd*]

SO @ RBT \$ THURSTON NCN51

*Good, smooth cycle path on RHS*

R @ X \$ Beyton 7.4

L @ T opp village sign, \$ DRINKSTONE *then*  
*imm* R @ GT \$ DRINKSTONE 9.5

R @ T \$ WOOLPIT GN, Rattlesden 14.0

Soon L on RHB eff SO \$ Ipswich, Shelland

R @ T \$ STOWMARKET

2

R @ T, over bridge and L \$ COMBS FORD  
[*Combs Ln*] 21.1

Bear L @ mrbt *imm* R into cycle lane, or R thru  
Esso garage forecourt 23.8

Imm SO (2E) @ mrbt \$ NEEDHAM MKT (B1113)

SO (3E) @ RBT \$ NEEDHAM MKT (B1113)

*Cycle path entrance on LHS to cross RBT*

SO (3E) @ RBT !CARE! \$ NEEDHAM MKT B1113

!CARE BUSY! *Passable cycle path on LHS*

**CONTROL Needham Market 78km 28.6**

*Elton House News on LHS – return to here for turn;  
also Co-op, Post Office, pubs further on*

1

**3 Needham Mkt to Framlingham 26km**

L by Elton House News opp council building \$ Low Bridge [ <i>Hawks Mill St</i> ]	
R @ T opp PB [ <i>Jacks Green Rd</i> ], imm bear L @ GT \$ Creting St Mary, NCN51	1.0
1st L in Creting St Mary \$ dead end	2.2
Soon R @ GT	
Thru bollards and R @ T \$ STONHAM ASPAL A1120	5.0
L & R @ T \$ STONHAM ASPAL	
R @ T \$ EARL SOHAM	11.2
R @ T \$ FRAMLINGHAM in Earl Soham	18.8
R by church no \$	19.6
In Framlingham L @ T no \$	25.6

**CONTROL Framlingham 104km**

*Paddy & Scott's Café on mrbt, or R @ mrbt for shops, banks, souvenirs, and to view the castle*

1

SO @ X \$ HAUGHLEY [ <i>School Rd</i> ]	26.7
L @ T opp church	
SO @ X by Shoulder of Mutton PH	28.6
In Haughley, R @ T \$ WETHERDEN, BURY ST EDMUNDS	30.9
Soon L @ GT by PO \$ WETHERDEN	
<i>Haughley Castle (moat) on RHS after church</i>	
L @ T in Wetherden \$ ELMSWELL	33.1
R @ X opp The Maypole PH \$ ELMSWELL	
Thru Elmswell to R @ RBT (3rd exit) \$ Ixworth A1088	36.6
2nd L \$ TOSTOCK, NCN51	38.2
L @ T opp white picket fence, imm R \$ NCN51	
L @ T no \$	
R @ T \$ Gt Barton	
Soon 1st L @ (x) \$ Bury St Edmunds	43.5

2

**4 Framlingham to Bury 50km**

Return to mrbt where L \$ All Other Routes	
1st L opp school [ <i>Vyces Rd</i> ]	
R @ T \$ in hedge, NCN51 [ <i>Brook Ln</i> ]	
L @ T no \$ by church	5.6
L \$ DEBENHAM after The Victoria PH	
In 3km, R @ (x) \$ DEBENHAM [ <i>Thorpe Ln</i> ]	9.4
In Debenham R @ T \$ Eye	12.8
1st L \$ Fire Station, Police Station	
L @ X no \$	
L @ T/GT \$ missing	14.9
Soon R on LHB \$ MICKFIELD	15.9
SO @ STGX \$ STOWUPLAND	19.4
L @ T \$ STOWUPLAND	23.1
R @ T eff SO, imm R no \$ [ <i>Rendall Ln</i> ]	24.3

2

SO @ 2xRBT no \$	
Descend <i>then</i> L @ T at end of 1-way	49.6
Under A14, over river and past East Gate \$ (on RHS) opp water gate (LHS)	
SO @ TL and bear L	
R opp ancient tower \$ Guildhall, Town Centre [ <i>Churchgate St</i> ]	
R @ T NCN51 [ <i>Guidhall St</i> ]	
<b>CONTROL Bury 154km</b>	<b>51.1</b>
<i>Cafés, shops, banks, fast food</i>	

1

**5 Bury St Edmunds to Girton 50km**

Return to Guildhall and exit east (L) via Woolhall St by Pizza Hut

Soon bear L imm R @ T [King's Rd]

Soon SO @ RBT !CARE BUSY!

R @ X [West Rd] 1.2

L @ T no \$ [Westley Rd] to leave Bury

L by village sign on gn in Barrow, imm SO @ X \$ Denham, Dalham 9.3

In Dalham R @ T imm bear L over bridge 15.4

Soon L @ GT \$ NEWMARKET

L @ T \$ NEWMARKET 17.7

R @ T eff SO \$ NEWMARKET B1063

In Newmkt L @ TL \$ CAMBRIDGE A1304 24.5

Bear R (3E) @ RBT \$ CAMBRIDGE A1303 27.6

SO @ RBT over A14 \$ CAMBRIDGE !CARE BUSY!38.3

1

**Key**

R, L, RHS, LHB—*Right, Left, Right/Left-hand side/bend*

SO—*Straight on* @—*At*

thru—*Through* cont—*Continue*

opp—*opposite* IMM—*Immediately*

T—*T-junction* GT—*Green Triangle* gn—*Green*

X—*Crossroads (give way)* STGX—*Staggered X*

[x]—*Crossroads (in your favour, easy to miss)*

RBT (3E)—*Roundabout, third exit* mrbt—*Mini RBT*

TL—*Traffic lights*

\$ Higham—*Sign to Higham*

\$ BARROW—*Sign to and go to/through Barrow*

[Braggs Ln]—*Signed street name*

NCN51—*National Cycle Network route 51*

LC—*Level crossing*

xing—*Crossing* pedx—*Pedestrian crossing*

PH—*Public house* PB—*Post box* TB—*Telephone box*

NSL—*National Speed Limit sign*

2

SO @ all RBTs and TLs to city centre *then ...*

SO @ TL and follow 1-way to R

SO @ RHB by Round Church

Climb Castle Hill and SO @ 3x TL [Huntingdon Rd] 46.1

*Optional control at BP garage on RHS (24hr)*

R \$ Girton, soon SO @ mrbt to ... 48.7

**ARRIVÉE Girton 204km 52.2**

*Co-op on RHS (07.00-22.00), The George PH on LHS in 1km*

2

**Organised by Nick Wilkinson, 07500 787785.**

This AUK permanent event can be ridden in either direction starting at any control. If you wish to start at a point between controls, please check with organiser first.

**You must notify the organiser of your intent to start before you set off.**

Write shop names and control times on brevet and send with receipts/proofs of passage to:

Nick Wilkinson  
42 Dodford Lane  
Girton  
Cambridge  
CB3 0QE

If submitting GPS track as proof of passage then email raw GPS file to [nick@camaudax.uk](mailto:nick@camaudax.uk).

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. Remember: this route is advisory.

1