

## Paris-Brest-Paris 2019

### 1 Rambouillet – Mortagne-au-Perche 118km

Follow the *convoi* lead-out vehicle out of Rambouillet, left onto the D936

In St-Léger-en-Yvelines:

L @ RBT (3rd exit) \$ ST LÉGER D936

IMM bear sharp R 9.0

Soon bear L opp *Le Chêne Pendragon* then bear R \$ CONDÉ-sur-VESGRE D936

*i Expect the convoi vehicles to let riders go here*

In Condé-sur-Vesgre, R @ RBT then L @ X \$ Grandchamp D983

*i Grandchamp Château on LHS in 2km*

*Thru Grandchamp, Faverolles*

Cont to Coulombs where descend to:

R @ RBT \$ NOGENT-le-ROI D983 and cross the Rv Eure into Nogent-le-Roi 31.9

*Lots of twists and turns thru this lovely town; keep an eye out for two timbered buildings on opposite sides, then shortly ...*

1 ▶ 2

3 ▶ 4

*Thru St-Maixme-Hauterive*

Cont to Joudrais where:

After village-centre, L on RH-bend \$ SENONCHES D140 67.9

Soon keep right, then soon fork left \$ SENONCHES D140

Cont to Senonches where:

R @ RBT then L @ RBT, both \$ autres directions D24/D20 74.1

Soon SO @ X/RBT \$ LONGNY-au-PERCHE D155.6

*Thru Les Quatre-Vents to ...*

R @ T \$ LONGNY-au-PERCHE 83.6

*Thru Neuilly-sur-Eure*

R @ T \$ LONGNY-au-PERCHE D918 95.3

Bear L on sharp bend and IMM cross river to L on RH-bend eff SO \$ by *Mairie* \$ CHÂTEAUNEUF-en-THYMERAIIS D726 33.6

Soon SO @ RBT then SO (3rd exit) @ RBT \$ CHÂTEAUNEUF-en-THYMERAIIS D726 34.9

Then SO @ 2x RBTs \$ CHÂTEAUNEUF-en-THYMERAIIS D26 36.3

*Over N154 — CARE motorway exits!*

Cont to Tremblay-les-Villages where:

SO @ STOP then R @ X \$ CHÂTEAUNEUF-en-THYMERAIIS 46.0

Thru village to SO @ STOP, then bear L \$ CHÂTEAUNEUF-en-THYMERAIIS D26

*In Villette-les-Bois, CARE railway-crossing! 52.8*

Cont to Châteauneuf-en-Thymerais where:

SO @ X then R @ T 57.9

Soon SO @ TL opp *Mairie* and then in 300m L \$ SENONCHES D140

Soon SO @ X then R @ X, both \$ SENONCHES D140

Cont to Longny-au-Perche where:

Cont to *Place de l'Hotel de Ville* where R @ T and follow the road leftwards around three sides then ... 98.4

R in front of church and in 200m R, both \$ Feings D8

*Thru La Béhardière, Le Magasin, St-Mard-de-Réno, Les Roches, St-Germain-de-Loisé*

Cont to Mortagne-au-Perche where:

L @ T eff SO, soon 1st left [*Rue Artistide Briand*] and then 1st R, all \$ Centre Ville 116.2

Then L @ T in town centre and in 500m sharp L \$ Carré du Perche, then in 200m R into sports centre

REST-STOP Mortagne-au-Perche 118km 117.7

*i This is not a control, just a rest-stop*

**2 Mortagne to Villaines-la-Juhel 99km**

‡ Exit sports centre on opposite side of car park:

| L and descend to R @ T no \$

**SO @ RBT \$ MAMERS D931 2.1**

‡ Thru Parfondeval, St Jouin de Blavou, Suré to ...

**R @ X \$ Sillé-le-Guillaume D311, just before Mamers 23.6**

**SO @ RBT \$ Sillé-le-Guillaume D311**

**SO (3rd exit) @ RBT \$ Le Mans D238**

**Then R @ RBT \$ COURGAINS D300 26.6**

‡ Thru Montrenault

In Courgains, **SO @ mrbt \$ DANGEUL D300 35.9**

In Dangeul, thru centre **THEN R \$ BEAUMONT-sur-SARTHE D27 41.8**

‡ Thru Nouans, Meurcé, over A28, thru Vivoin to ...

**L @ T \$ BEAUMONT-sur-SARTHE D26 50.1**

Cross River Sarthe to Vivoin-Gare **CARE railway-crossing!** then into Beaumont-sur-Sarthe

1 ► 2

3 ► 4

Soon sharp **R** no \$ (follow priority) then **SO @ TL \$ SÉGRIE D5**

‡ Thru Les Nouis, l'Espérance, les Haus Hommas to Ségrie, where ...

**Sharp R @ unusual X \$ FRESNAY-sur-S. D21 60.8**

‡ Thru St-Christophe-du-Jambet, Chapeaux, La Croix, St Aubin de Locquenay, and over Rvr Sarthe

**L @ T \$ FRESNAY-sur-SARTHE, and into: 70.8**

**SO @ X \$ VILLAINES-la-JUHEL D15**

**SO @ RBT \$ ASSÉ-le-BOISNE D15 73.0**

‡ Thru La Chatterie, Sougé le Ganelon, Le-Gué-Ory, St Paul le Gaultier, (road becomes D119), Averton

**In Villaines:**

**SO @ RBT \$ VILLAINES-Centre 97.8**

Cont thru centre, **keep SO @ sculptures in road, to L \$ autres directions, Collèges [Rue Gervaiseau]** and into control

**CONTROL 1 Villaines-la-Juhel 217km 98.9**

*i* Contrôle up steps to Mairie; café adjacent; restaurant some way – ask! Toilets outside



**This UNOFFICIAL PBP routesheet prepared by Nick Wilkinson, Cambridge Audax.**

The PBP route is mandatory. Every junction is arrowed, with different colour arrows on the way to Brest and on the way back. ALWAYS follow the arrowed route, or as directed by marshals.

This routesheet has been prepared with reference to the official ACP routesheet and GPS files, with some of my own *hunches* about exactly where the route will go, from 2015 experience. There will inevitably be minor differences between this routesheet and the official route — you have been warned! Obviously this routesheet won't be tested until August 2019 ...

French roads tend to stretch from town to town with few deviations; this routesheet groups instructions through larger villages and towns with a vertical line on the left.

### Key to symbols and abbreviations

Distances in kilometres from start of each stage

**R, L, RHS, LHB**—Right, Left, Right/left-hand side/bend

**SO**—Straight on @—At

thru—Through cont—Continue

opp—opposite **IMM**—Immediately

**T**—T-junction **X**—Crossroads (give way/stop)

**RBT (3E)**—Roundabout, third exit **mrbt**—Mini RBT

**TL**—Traffic lights **JCN**—Junction

**\$ Le Mans**—Sign to Le Mans (*but you don't go there*)

**\$ MAMERS**—Sign to and go to/through Mamers

[*Rue Gervaiseau*]**]**—Signed street name

‡ Thru *x, y, z*—List of villages to pass through

*i* — information or note

More here: [www.camaudax.uk/audax/routesheet](http://www.camaudax.uk/audax/routesheet)

**3 Villaines to Fougères 89km**

‡ Exit at the other end of the bike park

Soon R \$ LOUPFOUGÈRES

SO @ RBT \$ LOUPFOUGÈRES ? 1.4

‡ Thru Loupfougères and then in another 4.5km ...

R \$ HARDANGES D147 and thru 10.1

In Le Ribay, SO @ X \$ CHARCHIGNÉ D147 **CARE busy!** 17.9

In Charchigné, L @ X \$ LASSAY-les-CHATEAUX D33 22.1

**In Lassay-les-Châteaux:**

SO @ RBT \$ centre ville 28.6

Thru centre to L @ X \$ AMBRIÈRES-les-V

*i Large castle on your right, behind houses*

SO @ RBT \$ AMBRIÈRES-les-VALLÉES

‡ Thru Chantrigné

**In Ambrières les Vallées:**

L @ T to cross Rvr Varenne and IMM R \$ GORRON D33

Soon SO @ RBT \$ GORRON D33

**In Gorrion:**

*i Many bars and tabacs will remain open during the first night, so this can make a good stop before Fougères; the Sports Bar in the main square seems popular!*

SO @ RBT 54.7

SO @ town square

SO @ mrbt \$ toutes directions

Soon SO @ 2x RBTs \$ LEVARÉ, FOUGÈRES D33

‡ Thru Hercé, Levaré

In La Tannière, SO @ RBT \$ ST-ELLIER-du-MAINE, FOUGÈRES D33

‡ Thru St-Ellier, Le Loroux

1 ► 2

3 ► 4

In Laignelet, SO @ mrbt no \$ 82.4

In 1.5km L @ RBT \$ VITRÉ D706

SO @ RBT \$ VITRÉ D706

R @ RBT \$ FOUGÈRES 86.9

**Into Fougères:**

Soon SO @ 2x RBTs \$ centre ville

*i McDonald's on right*

Bear L (3rd exit) @ RBT \$ centre ville

Under bridge IMM L on RH-bend \$ Centre Culturel and bear R

In 800m R into control

CONTROL 2 Fougères 306km 89.4

*i Le contrôle is probably at the top of the hill, with the café; restaurant at bottom; dorms in between; McDonald's in 4km*

Intentionally left blank.

**4 Fougères to Tinténiac 54km**

R from control to R @ T <i>centre ville</i>	
Then R @ T \$ <i>Sous-Préfecture</i>	
SO @ 2× RBTs no \$ then L @ RBT \$ <i>autres directions IMM SO</i> \$ RBT (dog-leg)	
Soon SO @ 2× RBTs then L @ RBT after castle (on left) \$ ROMAGNÉ	1.8
SO @ mrbt then SO @ 3× RBTs \$ ROMAGNÉ	
<i>i McDonald's on right</i>	
IMM L @ RBT \$ ROMAGNÉ	4.2
In Romagné, R \$ ST-SAUVER-des-L., SENS-de-B.	8.0
SO @ 2× RBTs \$ ST-SAUVER-des-LANDES D18 and into:	
SO @ RBT then SO @ 2× mrbts, no \$	
Cont to St-Hilaire-des-Landes, where:	
Cont past church \$ <i>toutes directions</i> then L \$ ST-OUEN-des-A., SENS-de-B. D103	14.4
In St-Ouen-des-Alleux, SO @ X \$ VIEUX-VY-sur-COUSENON D20	20.1

1 ► 2

3 ► 4

**5 Tinténiac to Loudéac 85km**

Return to main road and turn left (south-west)

Soon SO @ 2× RBTs, 1st exit then 2nd exit, \$ <i>toutes directions</i> D20	
Then SO @ 2× RBTs no \$	
<i>Thru La Baussaine</i>	
In Bécherel SO @ X \$ ST-MÉEN-le-G.	9.3
In Médréac, SO @ double-mrbt no \$ ?	20.0
Over N12 and into Quédillac – bear R then L \$ ST-MÉEN-le-GD D220	25.6
OPTIONAL REST STOP in 400m on RH-side, just after railway-crossing CARE!	26.4
<i>i Food, beer, beds, bike service in 2015; exit RIGHT</i>	
L @ X \$ ST-MÉEN-le-GD D166	29.3
In 3.6km R \$ ST-MÉEN-le-GD D3166, into:	32.9
In town centre, R @ RBT, thru town square then LEFT of l'Hotel de Ville \$ LOUDÉAC (D66)	
<i>Over N164, thru Loscouët-sur-Meu</i>	
In Illifaut SO @ X \$ MÉNÉAC D66	48.0

In Vieux-Vy-sur-Cousenon, SO @ mrbt \$ SENS-de-B. D20, imm SO @ STOP	25.9
SO @ X \$ SENS-de-BGNE and into	28.8
Soon R @ T in Sens-de-Bretagne no \$	
Keep left in town square \$ FEINS D20	
In Feins, SO @ x IMM R <u>after</u> church \$ DINGÉ D20	37.9
<i>Before Dingé — CARE railway-crossing!</i>	
In Dingé bear R by church then L @ T \$ <i>autres directions</i> then keep R \$ TINTÉNIAC D20	44.7
SO @ X \$ TINTÉNIAC D20	49.8
In Tinténiac, ignore first L and take 2nd L into dead-end — <i>let the marshals guide you!</i>	54.4

**CONTROL 3 Tinténiac 360km**

*i Café in tent in quad; restaurant several corridors away – look for a volunteer to lead you*

In Ménéac, L @ T opp church then SO and in 100m turn R, all \$ LA-TRINITÉ-PHT D793	56.8
<b>CAUTION The official GPX goes thru La-Trinité; but in 2015 the arrowed route did not — so FOLLOW THE ARROWS!</b>	
<b>OFFICIAL</b> In 7.6km, R \$ LA-TRINITÉ-PORHOËT and into	64.4
R @ T \$ Municipal camping, then bear L then R thru village to SO @ X \$ PLUMIEUX D66	
<b>2015</b> SO @ RBT and in 1km L, both \$ PLUMIEUX	
<i>Thru Plumieux</i>	
In La Chèze, R @ T \$ LOUDÉAC D778	75.1
Soon bear L, cross <i>Le Lié</i> river IMM bear R	
SO (2nd exit) then L (2nd exit) @ 2× RBTs to cross under D700 \$ LOUDÉAC, and into	83.3
SO @ RBT \$ Cinéma then R into control	85.0
<b>Control 4 Loudéac 445km</b>	
<i>i Contrôle, café and restaurant all in building to L on entry; bag drop under covered area at far end of bike park; toilets lower down the yard</i>	

**6 Loudéac to Carhaix-Plouguer 77km**

R from control IMM SO @ RBT \$ Médiathèque	
Soon SO @ T IMM 1st Exit @ RBT \$ toutes directions	
L @ RBT \$ Hémonstoir IMM CARE railway-crossing!	1.1
Soon 1st R \$ TRÉVÉ, toutes directions	
L @ T \$ TRÉVÉ	
SO @ RBT (2nd exit) and under N164	2.8
⋮ Thru Trévé, Grâce-Uzel	
R @ T \$ St-Hervé, Uzel D7	14.0
L @ X then L @ T (note that in 2015 this was SO @ X then L @ T, just so you know)	
In 1.3km R then L @ T, both \$ MERLÉAC D53	16.5
⋮ Thru Merléac	
Bear sharp L in St-Martin-des-Prés \$ CORLAY	
L @ T \$ CORLAY D44	29.8
In Corlay, R @ T \$ Centre Ville D767	33.5

1 ► 2

3 ► 4

L @ T \$ ST-NICOLAS-du-PÉLEM D790

*i Corlay Château on RH-side*

In 6.5km R \$ Canihuel D4 41.6

In St-Nicolas-du-Pélem:

L @ mrbt \$ pizzeria

SO @ X then R into rest-stop after RH bend 43.8

Rest Stop St-Nicolas-du-Pélem 489km

*i Café, beds, showers, etc. Might be a secret control? Otherwise no need to stop.*

Cont to exit where turn R; then L @ X no \$

R @ T \$ PLOUNÉVEZ D790 46.6

⋮ Thru Plounévez-Quintin and then in 1.5km ...

R \$ MAËL-CARHAIX D49 52.1

In St-Lubin, SO @ X \$ MAËL-CARHAIX D49 57.3

R @ T \$ MAËL-CARHAIX D23 61.6

⋮ Thru Maël-Carhaix – watch out for red 'merci' garçon on LH-side

SO @ RBT \$ CARHAIX-PLOUGUER, and into 75.5

SO @ mrbt and IMM R into control 76.8

**Control 5 Carhaix-Plouguer 522km***i Contrôle at far end of building; restaurant in middle; café near entrance; beds*

Intentionally left blank.

**7 Carhaix to Brest 90km**

R from control

R @ RBT IMM L @ mrbt, soon SO @ RBT, all \$ centre ville

*i McDonald's on LH-side at RBT*

Under railway and SO (2nd exit) @ mrbt – old steam-loco on RH-side

*i Domino's on RH-side; lots of cafés, bars and pizzerias along here; also a launderette*

R @ mrbt \$ HUELGOAT IMM SO @ mrbt \$ autres directions

Descend to cross L'Hyères river and in 400m R \$ HUELGOAT D769 4.6

*i Enjoy this scenic and steady climb up Le Roc*

In Poullaouen, SO @ mrbt \$ HUELGOAT D769 12.3

: Thru Huelgoat – restaurants and ice-cream here

R @ T \$ La Feuillée D764 29.1

*i Le Roc'h Trédudon – the highest point on the route at about 350m – enjoy the views!*

1 ► 2

3 ► 4

SO (3rd exit) @ RBT \$ Pont Albert Louppe

SO (2nd exit) @ RBT \$ BREST (vélos) and follow road onto old bridge – new bridge photo-op here! 81.8

SO @ mrbt then L (3rd exit) @ RBT \$ BREST

Soon L @ T

**WATCH FOR ARROWS – this section not clear on GPX**

SO @ mrbt then L into car park and cont to end, where enter cycle path along sea wall 84.5

**CAUTION! RIDE ON THE LEFT ON CYCLE PATH FOR 200m!!! Not UK, but feels like it!**

In 200m cross back to RH-side – give way to approaching cyclists!

In 600m R and under road and rail bridges, then SO @ RBT \$ Conservatoire Botanique CARE! 85.7

: WELCOME TO BREST!

SO @ 2× RBTs no \$

At Place de Strasbourg, SO (2nd exit) @ RBT CARE TRAMWAY! then SO @ mrbt 88.2

SO @ RBT \$ SIZUN D764 37.8

Descend to Sizun, where SO (1st exit) @ RBT \$ centre ville and thru

*i Sizun usually throws a party for PBP and it's worth stopping; also nice to stop for ice cream on the return, before the long climb back up Le Roc!*

SO @ RBT \$ BREST D764 53.6

In 8km, L on RH-bend \$ Pencran, Tréflévénéz D87 61.8

SO @ X \$ Golf-de-Brest

R @ X then 1st L, both \$ DIRINON 66.2

R @ T imm SO @ RBT, also both \$ DIRINON

R @ mrbt \$ DIRINON-Bourg 70.6

: Thru Dirinon

SO @ 3× RBTs all \$ LOPERHET, and into 74.5

R @ X \$ BREST D33

SO (3rd exit) @ RBT \$ PLOUGASTEL-DAOULAS (D33) and into 78.3

In 500m fork R on LH-bend \$ Pôles Sportifs (D33)

Descend to SO @ mrbt then SO @ 2× RBTs then L into control 89.5

**Control 6 Brest 612km — HALFWAY!***i The best restaurant that I ate at in 2015, but I can't remember much else*

**8 Brest to Carhaix-Plouguer 84km**

Now, let's do it all again ...

R from control IMM L @ RBT \$ GUIPAVAS  
 SO @ RBT then bear R @ RBT \$ GUIPAVAS  
 SO @ 6x RBTs – yes: six!  
 L @ TL IMM SO @ TL \$ GUIPAVAS 2.6  
 SO @ another 6x RBTs \$ GUIPAVAS

Then SO @ TL \$ GUIPAVAS 4.8

SO @ RBT \$ GUIPAVAS, and into:

*i Cafés, bars, restaurants and bakeries here*

Bear L around church then SO @ mrbt  
 IMM bear R @ RBT \$ LADNERNEAU then  
 SO @ mrbt 7.4  
 SO @ RBT \$ LANDERNEAU D712

Again, SO @ RBT \$ LANDERNEAU D712 13.2

Under railway and into Landerneau:

SO @ 3x RBTs \$ Landivisiau D712  
 SO @ RBT then SO @ mrbt then SO @ 2x RBTs  
 \$ SIZUN

1 ► 2

3 ► 4

*i Again, lots of cafés, bars and pizzerias along here; also a launderette, and Domino's on LH-side; McD's just before control – worth eating out if you're in The Bulge!*

SO @ mrbt and under bridge \$ toutes directions  
 SO @ RBT  
 R @ mrbt IMM L @ RBT \$ Lycée Paul Sérusier  
 and soon L into control 83.9

**Control 7 Carhaix-Plouguer 696km****9 Carhaix to Loudéac 89km***i Note that the return route is different*

L from control IMM SO @ mrbt and  
 RIGHT @ RBT \$ toutes directions D787  
 Soon L @ RBT \$ Le-MOUSTOIR D264  
 In Le-Moustoir, fork L near top of hill, no \$ CARE  
 look for arrows! 4.6  
 L @ X \$ MAËL-CARHAIX D11 8.8  
 In Maël-Carhaix, R @ T \$ Rostrenen (D23) CARE  
 thru village! 11.1

*i Cafés, bars, restaurants, shops, banks and bakeries here*

SO @ mrbt

R @ RBT with mast-sculpture \$ SIZUN D764

Cross L'Élorn river then L @ RBT \$ SIZUN D764

SO @ RBT \$ SIZUN D764 and into

*i If the party's still going, stop for BBQ; if not then stop for a beer, coffee or ice cream*

Fork L @ RBT \$ CARHAIX D764 37.1

*i And now begins the long haul back up Le Roc (+245m in 14.3km = 1.7%)*

SO @ RBT \$ CARHAIX D764 51.4

*i Le Roc'h Trédudon – enjoy the views from the other side! Enjoy the descent!*

SO @ RBT \$ CARHAIX-PLOUGUER D764

Descend to cross L'Hyères river and into Carhaix:

SO @ mrbt then L @ mrbt \$ LOUDÉAC

SO @ X \$ KERGRIST-MOËLOU D87 16.4

In 2.7km, L before STOP \$ 3,5t, François? 19.1

**This section is different from 2015! Look for arrows!**

R @ T no \$

In Rostrenen:

L @ T \$ LOUDÉAC, soon fork 2nd R \$ 3,5t [Rue du Roc] 22.0

Then SO @ RBT [Rue Croix Haute]

L @ RBT no \$ [Ave Albert Torqueau]

R @ RBT \$ PLOUGUERNÉVEL imm SO @ RBT 23.9

In Plouguernevel, SO @ RBT no \$ 27.5

R @ RBT \$ GOUAREC 31.1

In Gouarec, L before Total garage \$ ST-NICOLAS-du-PÉLEM D5 33.5

SO @ RBT then bear L (2nd exit) @ RBT, both \$ ST-NICOLAS-du-PÉLEM D5 34.9

: Thru St-Tréphine

**SO @ 2× RBTs \$ NICOLAS-du-PÉLEM, and into:**

**Soon L into rest-stop 44.6**

**Rest Stop St-Nicolas-du-Pélem 740km**

*i Café, beds, showers, etc. Might be a secret control? Otherwise no need to stop.*

Cont to exit where **turn R; then R @ X** no \$

**SO @ X then R @ T**

**In 1km, before main road, L \$ CANIHUEL D4 46.5**

**In 4km, R \$ EcoPoint [Pont Meur], then R @ T no \$ 50.7**

**R @ X \$ CORLAY**

**In Corlay:**

**L @ T \$ centre ville**

*i Great view of Château on LH-side*

**Soon R \$ centre ville D767 55.9**

**In 8.3km L \$ St MAYEUX D76, and into 64.2**

**In 800m, R after church \$ St-GILLES-Vx-MARCHÉ D69**

**In St-Gilles-Vieux-Marché:**

**L \$ St-GUEN D63 67.9**

**Soon fork R \$ Le-QUILLIO D69**

**In 2km R \$ Le-QUILLIO D69 70.9**

**In 2km L on RH-bend eff SO ARROWS!**

**R @ T no \$**

**Enjoy fast descent into Le Quillio, where:**

**SO @ X \$ ST-THÉLO D69 75.6**

**Bear R then L @ T \$ Saint-Caradec**

**Bear R at cobbles \$ Saint-Caradec D69**

*∴ Thru St-Thélo*

**SO @ X \$ TRÉVÉ D69 80.3**

**R @ T into TRÉVÉ and thru (D41) 83.0**

**Under N164 and SO (3rd exit) @ RBT \$ LOUDÉAC-Centre 86.9**

1 ► 2

3 ► 4

**Into Loudéac, where:**

**In 1km R @ JCN \$ St-Bugan**

**L @ T no \$**

**Bear L over railway-crossing CARE! Then IMM R @ RBT**

**L @ RBT imm R \$ Vannes [Rue Bigrel]**

**SO @ RBT then L into control 89.7**

**Control 8 Loudéac 785km**

**10 Loudéac to Tinténiac 87km**

**L from control then SO @ RBT**

**Bear R @ RBT, under D700 then R @ RBT \$ LA CHÈZE**

**In La Chèze:**

**Bear L, cross Le Lié river IMM bear R 9.2**

**Soon L \$ PLUMIEUX D14**

**In Plumieux bear L \$ La-Trinité-Porhoët D66**

**R @ X \$ autres directions D793A 18.9**

**SO @ RBT \$ MÉNÉAC**

**In Ménéac, L @ mrbt then SO by church, IMM R \$ ILLIFAUT D305 28.4**

**In Illifaut, SO @ X \$ LOSCOUËT-sur-MEU D66 37.4**

*∴ Thru Loscouët-sur-Meu, over N164*

**In St-Méen-le-Grand:**

**R (2nd exit) @ RBT with fountainous-sculpture \$ Vannes 50.5**

*∴ Soon CARE railway-crossing!*

**Soon SO @ RBT no \$**

**Then L @ RBT \$ QUÉDILLAC 52.4**

*∴ Soon CARE railway-crossing again!*

**In 5km R \$ QUÉDILLAC D220 57.4**

**OPTIONAL REST STOP in 2.8km on LH-side, just before railway-crossing CARE! 60.2**

*i Food, beer, beds, bike service in 2015; exit LEFT*

*∴ CARE railway-crossing!*

**Bear R then L \$ MÉDRÉAC, BÉCHEREL D220 thru Quédillac and over N12**



In Médréac, SO @ double-mrbt \$ BÉCHEREL  
D220 **66.7**

In Bécherel SO @ X \$ TINTÉNIAC D20 !Care STOP!  
**77.4**

⋮ Thru La Baussaine, under D137 and into  
⋮ Tinténiac, where ...

SO @ 2× RBTs no \$

Soon SO @ RBT then fork L @ mrbt \$ DINGÉ,  
SENS-de-B. D20

⋮ Downhill, cross canal, and then R into control  
⋮ — let the marshals guide you!

Control 9 Tinténiac 872km **86.7**

## 11 Tinténiac to Fougères 54km

*i This is almost exactly the reverse of stage 4*

R from control

SO @ X \$ DINGÉ D20 **4.6**

In Dingé fork R by church (3,5t) then R @ T no  
\$ then bear R \$ FEINS D20 **9.6**

⋮ After Dingé — CARE railway-crossing!

In Feins, L @ T \$ SENS-de-B., FOUGÈRES D20 **16.5**

**In Sens-de-Bretagne:**

SO thru town square \$ FOUGÈRES

In 500m fork L and soon SO @ X, both \$ VIEUX-  
VY-sur-C. D20 **25.0**

In Vieux-Vy-sur-Cousenon, SO @ STOP imm  
SO @ mrbt \$ FOUGÈRES D20 **28.5**

In St-Ouen-des-Alleux, SO @ X \$ FOUGÈRES D20  
**34.3**

**CARE: the official GPX passes thru a no-entry  
in St-Hilaire, so this is my thoughts – FOLLOW  
THE ARROWS!**

1 ▶ 2

3 ▶ 4

In St-Hilaire-des-Landes, R @ T \$ ST-SAUVER-  
des-L., FOUGÈRES D18 **39.9**

In St-Sauver-des-Landes, SO @ 2× mrbt then  
SO @ RBT, no \$

SO @ RBT \$ FOUGÈRES D18 **44.6**

Soon SO @ RBT \$ ROMAGNÉ D18

In Romagné, L @ T \$ FOUGÈRES D812

R @ RBT (McD's SO here) then SO @ 3× RBTs, all  
\$ FOUGÈRES, and into Fougères: **50.0**

⋮ Linked SO @ mrbt by \*Château de Fougères\* and  
⋮ climb to R @ RBT \$ \*centre ville\*  
⋮ #REF! **#REF!**

SO @ mrbt IMM fork L @ mrbt (downhill)

*i Some cafés, bars, etc., here*

SO @ 2× RBTs then bear R @ RBT, \$ centre  
culturel

Near R around square to exit R \$ Vitré, centre  
culturel

R @ TL then R into control

Control 10 Fougères 926km

## 12 Fougères to Villaines-la-Juhel 89km

*i This is almost exactly the reverse of stage 3*

L from control then SO @ TL

R @ T and under railway, then bear R @ RBT  
\$ Ernée ?

Soon L @ RBT \$ camping municipal

*i McDonald's behind Lidl on RH-side*

SO @ 5× RBTs

R @ RBT then SO @ mrbt, both \$ GORRON **3.9**

L (4th exit) @ RBT \$ GORRON D806

SO @ mrbt no \$ in Laignelet **6.5**

⋮ Thru Le Loroux (road becomes D33), St-Ellier, to  
⋮ la-Tannière, where ...

SO @ RBT \$ LEVARÉ, GORRON D33 **20.0**

⋮ Thru Levaré, Hercé

**Cont to Gorrion, where:**

SO @ 2× RBTs then SO @ mrbt \$ Centre D33  
then D107 **32.3**

*i* Lots of cafés and bars here

In centre, **bear R** around town square, **eff SO**,  
\$ AMBRIÈRES

Then **SO @ RBT** \$ AMBRIÈRES D33 **34.3**

**In Ambrières-les-Vallées:**

**SO @ RBT** \$ centre ville D33 **47.2**

**Soon L @ T** to cross *Rvr Varenne* and **IMM R**  
\$ LASSAY-les-CHATEAUX D33

⋮ *Thru Chantrigné*

**In Lassay-les-Châteaux:**

**SO @ RBT** \$ centre ville **58.6**

*i* Good view of château on LH-side

In centre, **R** \$ CHARCHIGNÉ

**SO @ RBT** \$ CHARCHIGNÉ D33 **60.3**

In Charchigné, **R** \$ LE RIBAY D147 **66.8**

In Le Ribay, **SO @ X** \$ HARDANGES D147 **CARE**  
**busy!** **71.1**

**FIRST 1000km DONE!**

⋮ *Thru Hardanges*

**L @ T** \$ VILLAINES-la-JUHEL D113 **78.9**

⋮ *Thru Loupfougères*

**SO @ RBT** \$ VILLAINES-la-JUHEL ?

**Into Villaines la Juhel, where:**

**L @ T** \$ centre culturel and into control **89.0**

**Control 11 Villaines-la-Juhel 1015km**

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**13 Villaines to Mortagne-au-Perche 85km**

*i* This is a DIFFERENT, slightly shorter route to the  
outbound stage 2

Straight on from control to **R @ X** and **bear R**  
into 1-way at sculpture

**IMM bear L** thru square to **L @ T** \$ toutes  
directions then **IMM bear R** into 2-way

**SO @ RBT** \$ AVERTON, Fresnay-sur-Sarthe D119

⋮ *Thru Averton, (road becomes D15), St-Paul-le-*  
⋮ *Gaultier, Le-Gué-Ory, Sougé-le-Ganelon, La*  
⋮ *Chatterie to ...*

**L @ RBT** \$ Fresnay D15

**SO @ RBT** \$ MAMERS D299

1 ► 2

3 ► 4

**L @ RBT** \$ LA HUTTE, MAMERS D310

In La Hutte, **SO @ X** \$ St-Rémy-du-Val, MAMERS  
D310 **CARE busy!** **32.6**

**SO @ RBT** \$ St-Rémy-du-Val, MAMERS D310 **35.5**

In 7km **R** \$ LES-MÉES D19 (*voie vert*) **CARE easy**  
**to miss when tired!** **42.3**

⋮ *Thru Les Méés to Courgains, where ...*

**L @ mrbt** \$ MAMERS D300 **49.3**

**SO @ RBT** \$ MAMERS-centre and into: **58.5**

**Soon SO @ RBT** \$ ROMAGNÉ D18

**Bear R** into town square and **then turn L**  
\$ MORTAGNE

**IMM R @ TL** then **2nd left** \$ P La-cimetière and  
**bear R** into 1-way

**SO @ mrbt** then **IMM L** into [*Rue de Cinq Ans*]  
**CARE follow arrows!** – *it's possible the correct*  
*route here is SO; i.e. perhaps a plotting error*

**L @ T** no \$ (*whichever is the correct route above*)

**Bear R @ mrtb** then **SO @ X**, both \$ SURÉ,  
MORTAGNE **60.8**

⋮ *Thru Suré, La Gravelle, St Jouin de Blavou,*  
⋮ *Parfondeval, to ...*

**SO @ RBT** \$ MORTAGNE-au-PERCHE D931 **82.3**

**Climb into Mortagne where:**

**L** \$ P Carré du Perche – *there will be marshals in*  
*the road to guide you*

**R** into control **84.4**

**Control 12 Mortagne au Perche 1100km**

**14 Mortagne to Dreux 77km**

Turn R from control

L @ X IMM R @ T, both \$ *centre ville* and IMM bear L thru town squares

In 400m R on LH-bend \$ LONGY-au-P., ST-MARD-de-RÉNO D8

⋮ Thru St-Germain-de-Loisé, Les Roches, St-Mard-de-Réno, Le Magasin, La Béhardière

**Cont to Longy-au-Perche, where:**

L @ T \$ *autres directions* IMM R \$ *foyer rural* – **Follow the arrows!** – *it's possible this is a mapping error, so it might be R in another 200m in the town square, as in 2015* 18.3

SO (2nd exit) @ **mrbt** \$ 3,5t [*Rue Aristide Briand*]

R @ T no \$ (to D918 out of town)

In 2.5km R \$ NEUILLY-sur-E., SENONCHES D8 21.5

⋮ Thru Neuilly-sur-Eure

2.5km after Neuilly, L \$ SENONCHES D20 33.2

⋮ Thru Les Quatre-Vents

1 ► 2

3 ► 4

*i* Large café-cum-restaurant in sports hall; some beds; nearly home!

**15 Dreux to Rambouillet 45km**

*i* Final push to arrivée – not far to go now!

L from control to R @ RBT \$ Chartres, Le Mans

Then SO @ RBT \$ Mantes, Nogent-le-Roi

SO past station to R @ RBT \$ Nogent-le-Roi (D929)

⋮ Descend thru sharp bends then ...

L \$ MÉZIÈRES-en-DROUAIS D152 4.5

⋮ Then bear sharp R then sharp L into Mézières where ...

Bear L then turn R \$ MARSAUCEUX [*Rue de la Mairie*] 5.9

In Marsauceux, L @ X then R \$ GERMAINVILLE D147.6 7.5

Soon SO @ X \$ GERMAINVILLE D147.6

In Germainville, R @ T and keep R \$ BROUÉ D147.8 10.8

**Cont to Senonches, where:**

Under bridge IMM bear R into 1-way then bear L, both \$ *centre ville* 41.3

Then L @ X \$ *autres directions* then next R \$ DREUX D155.6

Soon SO @ RBT \$ DREUX D20

In Le Mesnil-Thomas, R @ T \$ DREUX D20, IMM bear L 48.1

In Dampierre-sur-Blevy, R @ T no \$ (D20) 52.5

In Maillebois SO \$ X \$ BLÉVY, DREUX D20 54.4

In Blévy, L @ T \$ DREUX (D20) then bear R 57.1

In Crécy-Couvé, SO into 1-way, bear L, then R @ T \$ DREUX (D20) 66.6

In Vernouillet, R \$ *centre* D311 73.2

In 2km R on LH-bend IMM L eff SO \$ *sauf riverains* to left of cemetery) – **ARROWS!** – and bear L under bridge to R @ T no \$, into Dreux:

Cross river then L no \$ before church

Under railway and L into control 77.5

**CONTROL 13 Dreux 1177km**

In Broué, L @ T IMM R \$ BECHERET, BOUTIGNY-sur-OPTON D147.8 14.2

⋮ Thru Bécheret to Boutigny-sur-Opton, where ...

SO @ JCN IMM SO @ **mrbt** \$ CONDÉ-sur-VEGREGRE D147 19.2

In Allemant, SO @ X \$ CONDÉ-sur-VEGREGRE D147 21.2

⋮ Thru La Pillaiserie

**Cont to Condé-sur-Vesgre, where:**

L @ T no \$ 24.8

Then R by church and L @ **mrbt**, both \$ ST-LEGER-en-YNES D63

**In St-Léger-en-Yvelines**

Keep R to SO @ X \$ *toutes directions* 33.3

Then SO @ X and R @ RBT, both \$ RAMBOUILLET D936

**CARE** – **follow the arrows!** – *the official GPX follows 1-way streets the wrong way thru Rambouillet, so this is my interpretation!*

**In Rambouillet:**

**SO @ RBT then soon R thru gate, both**  
*\$ Bergerie Nationale* **43.4**

**Bear L IMM turn R**

**In 1km bear L to L thru archway and keep L**  
around square to cross finish line **45.0**

**ARRIVÉE 1222km**

*i Félicitations et chapeau! You have finished  
Paris-Brest-Paris! Vous êtes un ancien du PBP!*

*Continue around square to exit archway, then  
L into bike park. Lock your bike and take your  
brevet to the control where they keep it (take a  
photo first?), then to the food tent for breakfast,  
and then find a bed.*

Intentionally left blank.

1 ► 2

3 ► 4

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