

The Cambridge Autumnal 200 C

1 Girton to Framlingham 101km

Turn Left from Girton Pavilion towards Cambridge

SO @ mrbt (no \$) to L @ T \$ CITY CENTRE

Good, wide cycle path on LHS

SO @ 3x TL, descend Castle Hill (castle behind car park on LHS)

SO @ TL, SO @ mrbt, then L @ Round Church opp Hardy's, to R @ T then L @ TL

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134, becomes A1303

SO @ RBT after P+R and runway approach

L before electronic sign, \$ Stow cum Quy NCN51, through underpass then R on lane

Follow NCN \$ Bottisham A1303 (rejoin road)

*For the quick and the brave: ignore L turn and cont to SO @ RBT **!CARE BUSY, POTHOLES!** and keep in RH lane \$ NEWMARKET A1303*

fold second

Cont A1303 to Newmarket: SO @ 1x RBT, then **!CARE horse xings!**

There is horse racing on 8 October so horses will be crossing!

In Newmarket SO @ TL; soon R @ RBT imm L \$ MOULTON, NCN51 [Moulton Rd]

In Moulton SO @ STGX

Ancient packhorse bridge over R Kennett before stiff climb

R @ T in Gazeley \$ NCN51 **!GRAVEL ON JCN!**

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51

Desning Hall on RHS at sharp LHB

R @ T \$ BARROW, NCN51

Denham castle to R at sharp LHB

L @ T \$ BARROW, NCN51

In Barrow, SO @ X, imm R @ T \$ SAXHAM

Thru the Saxhams to Bury St Edmunds

In Bury R @ mrbt \$ Town Centre

Ignore rubbish cycle lanes!

SO @ RBT \$ Bus Station

Shops, cafés, banks; this is NOT a control

Cont to SO on LHB into restricted zone ...

Imm SO thru bollards on LHB down side of *Greenwoods* — *Pedestrian Zone: you should walk 5m or so to cross pavement*

Keep SO @ JCNs to R @ T imm L @ TL \$ THURSTON [Mustow St]

Bike shop on LHS

Under A14 and climb to ...

R on LHB \$ Except for Access [Shakers Ln] imm SO thru no entry \$ The Bartons **!MUST USE CYCLE PATH ON LHS!**

Skip around barrier to join road at bottom of hill, or follow cycle path to rejoin at top of hill.

fold first

SO @ 2x RBT \$ THURSTON NCN 13, 51

Good, smooth shared-use path on RHS

R @ X \$ Beyton

2nd L \$ Stockhold Gn [The Planche]

1st R on LHB no \$ [Hollow Ln] **!GRAVEL!**

L @ T imm R \$ NCN51

R @ T \$ Woolpit

L @ RBT \$ ELMSWELL and thru

Cont to Wetherden where L opp The Maypole PH \$ HAUGHLEY

Soon R by GT before NSL \$ HAUGHLEY

In Haughley, duck pond on LHS is castle moat; motte behind

R @ T opp Kings Arms PH then 1st L \$ DEBENHAM [Station Rd]

SO @ X in Old Newton \$ GIPPING [Church Rd]

In 4km L by GT \$ Mendelsham, Grainstore

Soon 1st R into MENDELSHAM GN

L @ T \$ DEBENHAM

Note: you will retrace to here later

SO @ STGX \$ DEBENHAM !CARE BUSY!

L @ T \$ Cycle Route (brown), DEBENHAM
\$ missing

R @ T in Debenham

In 500m L by railings \$ Kenton and bear R
\$ Ashfield

L @ T \$ EARL SOHAM A1120

R @ T in Earl Soham \$ FRAMLINGHAM

Bear L and in 1km R before church no \$

L @ T in Framlingham to mrbt

CONTROL FRAMLINGHAM 101km

*Cafés opp mrbt, or R to Coop and town centre
where more cafés, castle, pubs, ATMs. The Great
Framlingham Sausage Festival will be on, too!*

fold second



Organised by Nick Wilkinson, 07500 787785.

This Audax UK event takes place on Saturday
8 October 2016, starting at 8:00am.

Control opening and closing times are shown
on the brevet.

**If you decide to abandon the ride, please let us
know by text or phone on 07500 787785, so
that we don't have to wait for you to 'not
arrive'!**

This event is run under the governance of Audax
UK and is undertaken as a private excursion on
public roads. Remember: this route is advisory.

**For more audax events around Cambridge,
visit our website at www.camaudax.uk.**

Key

Distances in kilometres from start of each stage

R, L, RHS, LHB—*Right, Left, Right/Left-hand side/bend*

SO—*Straight on* @—*At*

thru—*Through* cont—*Continue*

opp—*opposite* IMM—*Immediately*

T—*T-junction* GT—*Green Triangle* gn—*Green*

X—*Crossroads (give way)* STGX—*Staggered X*

[x]—*Crossroads (in your favour, easy to miss)*

RBT (3E)—*Roundabout, third exit* mrbt—*Mini RBT*

TL—*Traffic lights*

\$ Bottisham—*Sign to Bottisham*

\$ MOULTON—*Sign to and go to/through Moulton*

[Mustow St]—*Signed street name*

NCN51—*National Cycle Network route 51*

LC—*Level crossing* JCN—*Junction*

xing—*Crossing* pedx—*Pedestrian crossing*

PH—*Public house* PB—*Post box* TB—*Telephone box*

NSL—*National Speed Limit sign*

2 Framlingham to Maglia Rosso, Hawstead 52km

From mrbt more-or-less retrace to Middlewood Gn:

Exit mrbt upwards \$ High school, all other routes

Soon 1st L opp nursery no \$ [Vyces Rd] and soon R @ T no \$

R @ T \$ Cycle Route 1 (green & yellow \$)

L @ T into Earl Soham, bear R then L after Victoria PH \$ DEBENHAM

In 3km R @ [x] \$ DEBENHAM

R @ T in Debenham soon 1st L \$ Fire Station, and imm L @ T no \$

L @ T \$ MICKFIELD

In 1km R on LHB !CARE! \$ MICKFIELD and thru

Thru Mickfield then SO @ STGX \$ MIDDLEWOOD GN !CARE BUSY!

fold second

Thru Middlewood Gn to L @ T \$ STOWMARKET

R @ T eff SO \$ STOWMARKET A1120

In 1.8km R on LHB \$ STOWMARKET B1115

Garage + Co-op on LHS before turn

Descend thru Stowmarket, SO @ RBT + mrbt, over LX to ...

SO @ TL by VW garage \$ Leisure Centre

Keep SO to leave Stowmarket then R on LHB \$ RATTLEDEN [Lower Rd]

Café imm on LHS

In 2.7km 2nd L \$ RATTLEDEN and thru

2km after Rattlesden R by GT opp black barns, \$ GEDDING

L @ T in Gedding \$ BRADFIELD ST GE(ORGE)

R @ T \$ BRADFIELD ST GEO(RGE)

Thru Bradfield St George

R @ T \$ Bury St Edmunds

Imm L opp hexagonal Toll House imm after Rushbrooke Arms PH, no \$

L @ T \$ HAWSTEAD

In 2km Maglia Rosso at the Metcalfe Arms on LHS

CONTROL Maglia Rosso, Hawstead 153km

Get a receipt or stamp mark and note time. Note: there is an outside tap for filling your own bottles!

fold first

3 Maglia Rosso to Girton, Cambridge 61km

Exit L from Maglia Rosso

In 3.5km R @ [x] by PB, notice board, pink cottage, then imm L by GT, both \$ HARTEST

R @ T in Hartest and imm SO @ STGX
\$ SOMERTON

1st L \$ SOMERTON

R @ T \$ HAWKEDON

Thru Hawkedon to R @ T eff SO \$ DENSTON

In Denston bear R around bend then L after Gospel Hall \$ Water Lane, no HGVs

L @ T then 2nd R no \$ [Mill Ln]

L by GT opp PB \$ COWLINGE

R @ T \$ COWLINGE

In Cowlinge, 1st L \$ Hobbles Gn, soon 1st R
\$ LAMBAIR GN

1st L \$ GT BRADLEY [*Trotting Horse Ln*]

fold second

R @ T then L @ X \$ GT BRADLEY

R @ T in Gt Bradley \$ DULLINGHAM

Descend out of Gt Bradley and take 1st L
(GT) \$ CARLTON [Acre Rd]

R @ T in Carlton no \$

1st L (GT) \$ WILLINGHAM GN

L @ T \$ Linton B1052

Thru Balsham and enjoy long descent to Fulbourn where ...

SO @ double-mrbt no \$ [Cambridge Rd]

Shared-use path on RHS

L @ RBT eff SO \$ CAMBRIDGE

SO @ TL \$ CITY CENTRE

SO @ RBT no \$ [*Cherry Hinton Rd*] into 20 zone

SO @ 2x TL to ...

R @ TL \$ City Centre [*Hills Rd*] and over bridge

SO @ 3x TLs, thru restriction to city centre

!CARE PEDESTRIANS! *Please take your time thru the city centre — shoppers and tourists are not expecting quick cyclists.*

!We really, really mean this!

SO @ TL by John Lewis then bear R by Lloyds Bank

After 6.30pm L by Lloyds Bank and cont SO at all JCNs to Castle Hill

Bear R to L @ T, \$ no left turn 'except cycles'

L @ TL to SO @ TL then bear R into 1-way

fold first

Imm SO on RHB/[x] \$ Ped Zone [*Bridge St*] then SO thru restriction and mrbt to ...

SO @ TL and climb Castle Hill to ...

SO @ double-TL

SO @ TL by Travellers Rest PH and Girton Gap park

Soon R \$ GIRTON after BP garage, then SO @ mrbt

Cont to the recreation ground on RHS 60.6

ARRIVÉE Girton Recreation Pavilion 214km

Fill in and sign your brevet before handing it in with your proofs of passage