The Cambridge Autumnal 200 C

1 Girton to Framlingham 101km

Turn Left from Girton Pavilion towards Cambridge

SO @ mrbt (no \$) to L @ T \$ CITY CENTRE

Good, wide cycle path on LHS

SO @ 3x TL, descend Castle Hill (castle behind car park on LHS)

SO @ TL, SO @ mrbt, then L @ Round Church opp Hardy's, to R @ T then L @ TL 4.2

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134, becomes A1303

SO @ RBT after P+R and runway approach 9.9

L before electronic sign, \$ Stow cum Quy NCN51, through underpass *then* R on lane 11.2

Follow NCN \$ Bottisham A1303 (rejoin road)

<u>For the quick and the brave</u>: ignore L turn and cont to SO @ RBT <u>!CARE BUSY, POTHOLES!</u> and keep in RH lane \$ NEWMARKET A1303

fold second

Cont A1303 to Newmarket: SO @ 1x RBT, then !CARE horse xings!

There is horse racing on 8 October so horses will be crossing!

In Newmarket SO @ TL; soon R @ RBT imm L \$ MOULTON, NCN51 [Moulton Rd] 26.2

In Moulton SO @ STGX 31.4

Ancient packhorse bridge over R Kennett before stiff climb

R @ Tin Gazeley \$ NCN51 !GRAVEL ON JCN!34.0

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51 35.0

Desning Hall on RHS at sharp LHB

R @ T \$ BARROW, NCN51 37.2

Denham castle to R at sharp LHB

L@T\$BARROW, NCN51

In Barrow, SO @ X, imm R @ T \$ SAXHAM 40.7

Thru the Saxhams to Bury St Edmunds

In Bury R @ mrbt \$ Town Centre 49.1

Ignore rubbish cycle lanes!

SO @ RBT \$ Bus Station

Shops, cafés, banks; this is NOT a control

Cont to SO on LHB into restricted zone ...

Imm SO thru bollards on LHB down side of Greenwoods — Pedestrian Zone: you should walk 5m or so to cross pavement

Keep SO @ JCNs to R @ T imm L @ TL \$ THURSTON [Mustow St] 50.5

Bike shop on LHS

Under A14 and climb to ...

R on LHB \$ Except for Access [Shakers Ln] imm SO thru no entry \$ The Bartons !MUST USE CYCLE PATH ON LHS! 51.3

Skip around barrier to join road at bottom of hill, or follow cycle path to rejoin at top of hill.

SO @ 2x RBT \$ THURSTON NCN 13, 51 52.3

Good, smooth shared-use path on RHS

R @ X \$ Beyton 57.4

2nd L \$ Stockhold Gn [The Planche]

1st R on LHB no \$ [Hollow Ln] !GRAVEL!

L @ T imm R \$ NCN51 61.0

R @ T \$ Woolpit 62.7

L@RBT \$ ELMSWELL and thru

Cont to Wetherden where L opp *The Maypole* PH \$ HAUGHLEY 66.9

Soon R by GT before NSL \$ HAUGHLEY

In Haughley, duck pond on LHS is castle moat; motte behind

R @ Topp Kings Arms PH then 1st L \$ DEBENHAM [Station Rd]

69.0

SO @ X in Old Newton \$ GIPPING [Church Rd]71.7

In 4km L by GT \$ Mendelsham, Grainstore 76.0	
Soon 1st R into MENDELSHAM GN	
L@T\$DEBENHAM	79.1
Note: you will retrace to here later	
SO @ STGX \$ DEBENHAM !CARE BUSY!	80.2
L @ T \$ Cycle Route (brown), DEBENHAM	
\$ missing	84.8
R @ T in Debenham	87.8
In 500m L by railings \$ Kenton and bear R \$ Ashfield	
L@T\$EARL SOHAM A1120	91.7
R @ T in Earl Soham \$ FRAMLINGHAM	94.7
Bear L and in 1km R before church no \$	

CONTROL FRAMLINGHAM 101km

L@Tin Framlingham to mrbt

Cafés opp mrbt, or R to Coop and town centre where more cafés, castle, pubs, ATMs. The Great Framlingham Sausage Festival will be on, too!

fold second



Organised by Nick Wilkinson, 07500 787785.

This Audax UK event takes place on Saturday 8 October 2016, starting at 8:00am.

Control opening and closing times are shown on the brevet.

If you decide to abandon the ride, please let us know by text or phone on 07500 787785, so that we don't have to wait for you to 'not arrive'!

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. Remember: this route is advisory.

For more audax events around Cambridge, visit our website at www.camaudax.uk.

Key

101.3

Distances in kilometres from start of each stage

R, L, RHS, LHB—Right, Left, Right/Left-hand side/bend

SO—Straight on @—At

thru—Through cont—Continue

opp—opposite IMM—Immediately

T—T-junction GT—Green Triangle gn—Green

X—Crossroads (give way) STGX—Staggered X

[x]—Crossroads (in your favour, easy to miss)

RBT (3E)—Roundabout, third exit mrbt—Mini RBT

TL—Traffic lights

\$ Bottisham—Sign to Bottisham

\$ MOULTON—Sign to and go to/through Moulton

[Mustow St]—Signed street name

NCN51—National Cycle Network route 51

LC—Level crossing JCN—Junction

xing—Crossing pedx—Pedestrian crossing

PH—Public house PB—Post box TB—Telephone box

NSL—National Speed Limit sign

ca

2 Framlingham to Maglia Rosso, Hawstead 52km

From mrbt more-or-less retrace to Middlewood Gn:

Exit mrbt upwards \$ High school, all other routes

Soon 1st L opp nursery no \$ [Vyces Rd] and soon R @ T no \$

R@T\$Cycle Route 1 (green & yellow \$)

L @ T into Earl Soham, bear R *then* L after *Victoria* PH \$ DEBENHAM 6.4

In 3km R @ [x] \$ DEBENHAM 9.4

R @ T in Debenham soon 1st L \$ Fire Station, and imm L @ T no \$ 12.8

L @ T \$ MICKFIELD 14.9

In 1km R on LHB <u>!CARE!</u> \$ MICKFIELD and thru 15.9

Thru Mickfield *then* SO @ STGX \$ MIDDLEWOOD GN <u>!CARE BUSY!</u> 19.4

fold second

Thru Middlewood Gn to L @ T \$ STOWMARKET

23.1

R @ T eff SO \$ STOWMARKET A1120

24.4

In 1.8km R on LHB \$ STOWMARKET B1115 26.2

Garage + Co-op on LHS before turn

Descend thru Stowmarket, SO @ RBT + mrbt, over LX to ...

SO @ TL by VW garage \$ Leisure Centre 28.2

Keep SO to leave Stowmarket *then* R on LHB \$ RATTLESDEN [Lower Rd] 30.6

Café imm on LHS

In 2.7km 2nd L \$ RATTLESDEN and thru 33.3

2km after Rattlesden R by GT opp black barns, \$ GEDDING 39.3

L @ T in Gedding \$ BRADFIELD ST GE(ORGE)

R @ T \$ BRADFIELD ST GEO(RGE)

Thru Bradfield St George

R@T\$BuryStEdmunds

48.0

Imm L opp hexagonal Toll House imm after *Rushbrooke Arms* PH, no \$

L@T\$HAWSTEAD

50.0

In 2km Maglia Rosso at the Metcalfe Arms on LHS 51.8

CONTROL Maglia Rosso, Hawstead 153km

Get a receipt or stamp mark and note time. Note: there is an outside tap for filling your own bottles!

3 Maglia Rosso to Girton, Cambridge 61km

Exit L from Maglia Rosso

In 3.5km R @ [x] by PB, notice board, pink cottage, *then imm* L by GT, both \$ HARTEST3.6

R @ T in Hartest and *imm* SO @ STGX \$ SOMERTON

1st L \$ SOMERTON 9.3

R@T\$HAWKEDON

Thru Hawkedon to R @ T eff SO \$ DENSTON 14.3

In Denston bear R around bend *then* L after Gospel Hall \$ Water Lane, no HGVs 16.5

L @ T then 2nd R no \$ [Mill Ln] 18.1

L by GT opp PB \$ COWLINGE 19.7

R@T\$COWLINGE

In Cowlinge, 1st L \$ Hobbles Gn, soon 1st R \$ LAMBFAIR GN 21.6

1st L \$ GT BRADLEY [Trotting Horse Ln]

fold second

R@TthenL@X\$GTBRADLEY 23.9 R @ T in Gt Bradley \$ Dullingham 27.4 Descend out of Gt Bradley and take 1st L (GT) \$ CARLTON [Acre Rd] 29.2 R@Tin Carlton no \$ 1st L (GT) \$ WILLINGHAM GN 31.7 32.7 L@T\$Linton B1052 Thru Balsham and enjoy long descent to Fulbourn where ... SO @ double-mrbt no \$ [Cambridge Rd] 47.6 Shared-use path on RHS

L @ RBT eff SO \$ CAMBRIDGE

SO @ TL \$ CITY CENTRE

SO @ RBT no \$ [Cherry Hinton Rd] into 20 zone

SO @ 2x TL to ...

7.0

R @ TL \$ City Centre [Hills Rd] and over bridge 53.3

SO @ 3x TLs, thru restriction to city centre

<u>!CARE PEDESTRIANS!</u> Please take your time thru the city centre — shoppers and tourists are <u>not</u> expecting quick cyclists.

!We really, really mean this!

SO @ TL by John Lewis then bear R by Lloyds Bank 55.1

<u>After</u> 6.30pm <u>L</u> by Lloyds Bank and cont SO at all JCNs to Castle Hill

Bear R to L @ T, \$ no left turn 'except cycles'

L@TL to SO@TL then bear R into 1-way

Imm SO on RHB/[x] \$ Ped Zone [Bridge St] then SO thru restriction and mrbt to ...

SO @ TL and climb Castle Hill to ... 56.3

SO @ double-TL

SO @ TL by Travellers Rest PH and Girton Gap park

Soon R \$ GIRTON after BP garage, then
SO @ mrbt
59.0

Cont to the recreation ground on RHS 60.6

ARRIVÉE Girton Recreation Pavilion 214km

Fill in and sign your brevet before handing it in with your proofs of passage