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DUNWICH DYNAMO 180km**1. London Fields to Gt Dunmow 57km**

Start along Martello St with the Pub On The Park on your LHS

Advance under railway bridge and along cycleway **!CARE!** Narrow

Cross carefully over Richmond Rd

R @ T at end of cycleway [Reading Ln] IMM L @ T opp cinema [Mare St]

SO under railway bridge and imm bear L [Amhurst Rd] 0.6

Bear R @ TL \$ CLAPTON 1.0

SO @ TL (with Downs Park Rd) opp The Three Sisters PH (or The Star PH) 1.4

L @ TL (with A107 Lower Clapton Rd) 1.9

IMM R @ Lea Bridge RBT \$ Whipps Cross, Bakers Arms A104(E) 2.1

2

Stay on the A104 thru EPPING FOREST to EPPING, SO @ all TLs and RBTs

At second RBT in forest, near Shell service station, becomes B1393 18.5

After Epping town ctr, R @ TL \$ Chelmsford, NORTH WEALD, ONGAR B181 23.8

SO thru NORTH WEALD

SO @ The Talbot RBT over A414 \$ High Laver 28.9

R @ GT \$ MORETON, ONGAR 31.4

L @ T \$ DUNMOW B184 38.2

R @ T \$ Chelmsford A1060 45.1

L @ mrbt \$ GT DUNMOW (B184) 46.5

In DUNMOW SO @ RBT \$ GT DUNMOW B184 55.7

L @ mrbt \$ Town centre B184 56.1

SO @ mrbt and into town centre 56.7

GREAT DUNMOW 57km 57.0

2. Gt Dunmow to Sudbury 40km

Continue to R opp The Saracen's Head Hotel

SO @ 2x mrbt

R \$ FINCHINGFIELD, THE BARDFIELDS B1057 after park 0.9

L @ T in Gt Bardfield \$ FINCHINGF'D B1057 11.8

Thru Finchingfield, where road becomes B1053, and Wethersfield

R @ T \$ Braintree, Halstead A1017 25.5

L @ T in Sible Hedingham IMM 1st R \$ CASTLE HEDINGHAM [Station Rd] 26.2

L @ T eff SO \$ SUDBURY A131 35.1

L into Sudbury 1-way, \$ Stowmarket B1115

SO @ TL and bear R at top of hill \$ Stowmarket (B1115)

L @ TL after Aldi \$ Stowmarket B1115

SUDBURY 97km

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3. Sudbury to Needham Market 29km

SO @ 2x RBT \$ GT WALDINGFIELD B1115 1.2

Usually pop-up refreshments on RBT; also McDonalds and 24-hour garage

Bear L @ mrbt \$ Lavenham B1115 3.5

R on LHB \$ BILDESTON, MONKS ELEIGH B1115 5.5

R @ T \$ MONKS ELEIGH A1141 11.6

L on RHB eff SO \$ BILDESTON B1115 12.9

L @ T in Bildeston IMM 1st R \$ NEEDHAM MKT B1078 15.7

Usually pop-up refreshments on LHS before Needham Mkt

In Needham Mkt L @ T \$ Stowmarket B111329.2

NEEDHAM MARKET 126km

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4. Needham Market to Dunwich 55km

2nd R \$ Wickham Mkt [Coddendam Rd]

Bear L under bridge

1st exit @ RBT \$ Norwich A140 !CARE! 2.21st R \$ CODDENHAM B1078 !!CARE!! 2.8

Thru Coddendam

Usually several pop-ups along here

L @ (STGX) in Hemingstone \$ GOSBECK 7.8

R @ GT \$ GOSBECK VILLAGE, HELMINGHAM

L @ T (GT) \$ Debenham B1077 12.8

R on LHB by FRAMSDEN village sign

\$ CRETINGHAM, BRANDESTON, FRAMSDEN
ST [The Street] 15.5In Cretingham L @ T imm R \$ BRANDESTON,
KETTLEBURGH 19.1

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KeyR, L, RHS, LHB—*Right, Left, Right/Left-hand side/bend*SO—*Straight on* @—*At*thru—*Through* cont—*Continue*opp—*opposite* IMM—*Immediately*T—*T-junction* GT—*Green Triangle* gn—*Green*X—*Crossroads (give way)* STGX—*Staggered X*[x]—*Crossroads (in your favour, easy to miss)*RBT (3E)—*Roundabout, third exit* mrbt—*Mini RBT*TL—*Traffic lights*\$ Braintree—*Sign to Braintree*\$ SUDBURY—*Sign to and go to/through SUDBURY*[Braggs Ln]—*Signed street name*NCN51—*National Cycle Network route 51*LC—*Level crossing*xing—*Crossing* pedx—*Pedestrian crossing*PH—*Public house* PB—*Post box* TB—*Telephone box*NSL—*National Speed Limit sign*

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R @ T (GT) \$ KETTLEBURGH, FRAMLINGHAM 21.6

L \$ FRAMLINGHAM before Chequers PH 22.9

L @ T no \$ 26.5

In Framlingham R \$ Saxmundham B1119

After 3km L on RHB \$ Baptist Church 30.4

R @ T IMM L \$ BRUISYARD, PEASENHALL 31.6

In PEASENHALL R @ T IMM bear L \$ POYS ST,
Walpole 38.1

R @ (x) \$ SIBTON GN, DARSHAM, DUNWICH 40.9

L \$ DARSHAM, DUNWICH 43.3

R @ T IMM L !CARE! To cross A12
\$ WESTLETON, DARSHAM ST, DUNWICH 46.2

SO @ X \$ DUNWICH 50.4

ARRIVÉE DUNWICH 180km 54.3

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This event is undertaken as a private excursion on public roads. You are responsible for your own conduct. There is no broom wagon: you must get yourself home at the end or if you decide to quit. This route is advisory.

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