Cambridge Eye-full 200 Sheet 1 of 4

### **Cambridge Eye-full 200**

# 1 Cambridge city centre to Glemsford 47km

Get a receipt from Cambridge city centre – cafés, ATMs, etc.; use same at end, or close by

From NatWest Bank, L opposite John Lewis head up Emmanuel St (the bus station) and bear R then imm L @ RBT no \$

Thru rising bollards !CARE! and R @ RBT

SO @ all TLs and RBTs to Cambridge Airport \$ NEWMARKET A1134 becomes A1303

SO @ RBT after P+R and runway approach

L \$ Stow cum Quy NCN51, through underpass then R

Follow NCN \$ Bottisham A1303 and rejoin road or cont on shared path

1st R \$ SIX MILE BOTTOM, The Wilbrahams

SO @ X in Six Mile Bottom \$ BRINKLEY

R @ T eff SO imm L eff SO in Brinkley \$ GT BRADLEY

Soon L \$ GT BRADLEY

R@T\$GTBRADLEY and into Suffolk

L (GT) \$ COWLINGE in Gt Bradley [Hall Rd]

L @ T (GT) eff SO \$ Lidgate in Cowlinge [Newmarket Rd]

Soon 2nd R \$ FARLEY GN [Capley Wd Ln]

L @ T no \$, soon 2nd R before Suffolk Trade Centre \$ Unsuitable for HGVs

R@T\$ Hawkedon, Long Melford

Bear R into Stansfield then 1st L \$ GLEMSFORD opp village \$ [Thurston Ln]

R @ T in Glemsford by gn (retrace to here)

### **CONTROL Glemsford 47km**

Premier/PO on LHS; or in 500m chippy on RHS, Premier2 on LHS

#### Key

R, L, RHS, LHB—Right, Left, Right/Left-hand side/bend

SO—Straight on @—At

thru—Through cont—Continue

opp—opposite IMM—Immediately

T—T-junction GT—Green Triangle gn—Green

X—Crossroads (give way) STGX—Staggered X

[x]—Crossroads (in your favour, easy to miss)

RBT (3E)—Roundabout, third exit mrbt—Mini RBT

TL—Traffic lights

\$ HIston—Sign to Histon

\$ ST IVES—Sign to and go to/through St Ives

[Braggs Ln]—Signed street name

NCN51—National Cycle Network route 51

LC—Level crossing

xing—Crossing pedx—Pedestrian crossing

PH—Public house PB—Post box TB—Telephone box

NSL—National Speed Limit sign

### Organised by Nick Wilkinson, 07500 787785.

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This AUK permanent event can be ridden in either direction starting at any control. If you wish to start at a point between controls, please check with organiser first.

## You must notify the organiser of your intent to start before you set off.

Write shop names and control times on brevet and send with receipts/proofs of passage to:

Nick Wilkinson

42 Dodford Lane

Girton

Cambridge

**CB3 0OE** 

nick@camaudax.uk

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. Remember: this route is advisory.

Cambridge Eye-full 200

### 2 Glemsford to Eye 57km

Retrace to gn where L \$ BOXTED, Hawkedon [Brook St]

In 1km R \$ BOXTED [Braggon's Hill]

L@T\$ HARTEST, Bury St Edmunds

In 2km R on gn in Hartest \$ Chadacre, Shimpling

Imm over bridge and imm L \$ Cockfield, Lawshall

R@TtoL@X\$HAWSTEAD

Thru Hawstead – Maglia Rosso bike shop and café on RHS

Cross River Lark (white fences) then imm R on LHB \$ SICKLESMERE

R @ T no \$ opp hexagonal toll house and recross R Lark

Soon 1st L \$ LT WHELNETHAM, BRADFIELD ST GEO.

In 3km L on RHB \$ ROUGHAM after Bradfield St George \$ [Church St]

Soon L \$ ROUGHAM

Soon bear sharp RHB then R on sharp LHB \$ HESSET by church

In 2km R \$ HESSET by GT before LHB [Heath Rd]

L@T(GT) \$ Beyton, Thurston [The Street]

Soon 1st R \$ Drinkstone, Woolpit

R @ T (GT) \$ Drinkstone, Woolpit imm L @ [x] \$ TOSTOCK, NCN51

L@TimmR\$TOSTOCK, NCN51

SO @ X in Norton \$ GT ASHFIELD

L@T\$ Walsham [Elsmwell Rd]

In 2km R in Gt Ashfield \$ LONG THURLOW, Wyverstone

Soon R @ T \$ LONG THURLOW

1st L in Long Thurlow \$ Walsham

R@Tsoon L\$Rickinghall

R@T\$FINNINGHAM

Thru Finningham

L @ T (GT) \$ Rickinghall B1113

2nd R \$ GISLINGHAM [Mill St]

Thru Gislingham and Thornham Magna to ...

L@T\$EYE

L on RHB (GT) \$ THORNHAM PARVA

1st R (GT) \$ EYE

SO @ X \$ EYE B1077

**CONTROL Eye 104km** 

Stores, PO, bank, cafés, pubs

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### 3 Eye to Gt Yeldham 65km

Leave Eye by the way you came in on B1077 (opp Barclays Bank) to ...

1st L \$ BRAISEWORTH

Thru Braiseworth to R @ T \$ Finningham

SO @ X \$ Finningham

In 3km 2nd L \$ COTTON

R @ T (GT) by Cotton village hall

Soon L @ T then 1st R opp church \$ BACTON [Pound Hill]

In Haughley, R eff SO on LHB between Palmers bakers and PO to cross gn to imm R @ T, soon bear L \$ Bury St Edmunds

R@TimmLandunderA14\$HARLESTON

In Harleston R on LHB by PB and TB \$ BUXHALL, Rattlesden to cross gn

L @ T \$ BUXHALL, Onehouse

Soon 2nd R \$ BUXHALL

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Thru Buxhall and then R \$ BRETTENHAM

After 5km R by GT \$ BRETTENHAM, LAVENHAM

R@T\$LAVENHAM

L@T(GT) by church \$ LAVENHAM

L@Tin Lavenham

Cont thru Lavenham past church to R by car sales \$ Long Melford, ACTON [Melford Rd]

L on RHB soon R @ T (GT) \$ ACTON

R @ T in Acton imm L opp The Crown PH \$ cycle route [Sudbury Rd]

After 1km R by GT (PB & TB) \$ Lg Melford

SO @ STGX (R, L) to cross A134 \$ cycle route [Mills Ln]

SO @ X \$ Foxearth [Borley Rd]

Soon enter Essex and imm L no \$ (7.5T)

R @ T (GT) \$ BELCHAMPS (\$ missing?)

L@T\$BELCHAMP WALTER Church & Hall

R @ T \$ Belchamps (\$ missing?) imm L on RHB by GT \$ THE YELDHAMS

R@T\$THEYELDHAMS

CONTROL Gt Yeldham 169km

Store, Fish&Chips, pub

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### 4 Gt Yeldham to Cambridge 46km

L @ T imm R @ T (GT, tree/monument) \$ Haverhill A1017

In 1km 1st L \$ STAMBOURNE

*Thru Stambourne to R \$ Birdbrook* 

6.4

1st L \$ ST BUMPSTEAD

R@T(GT) \$ ST BUMPSTEAD

L on RHB by ancient house in Steeple Bumpstead \$ The Pottery [Church St]

Soon L @ T then 1st R \$ HELIONS BUMPST'D

L @ T then R @ T in Helions Bumpstead \$ CAMPS, BARTLOW

R Granta on LHS is tributary of R Cam

In Bartlow R @ [x] \$ W Wratting by village \$ before PB & TB

R & L to cross A1307 !CARE! \$ BALSHAM

L @ STGX \$ BALSHAM

L@Teff SO in Balsham \$ FULBOURN

Enjoy the long descent(s) to Fulbourn where ...

SO @ 2x mrbt no \$ [Cambridge Rd]

L @ RBT eff SO \$ CAMBRIDGE

SO @ TL \$ CITY CENTRE

SO @ RBT no \$ [Cherry Hinton Rd]

SO @ 2x TL to ...

R @ TL no \$ [Hills Rd] and over bridge

SO @ all TLs to ...

### ARRIVÉE Cambridge 215km

Shops, cafés, ATMs; be sure to lock your bike securely! Get a receipt from the same place you got your first one, or very close by