

Cambridge Market 200

1 Girton to Bury St Edmunds 49km

L from Co-Op in Girton towards Cambridge

SO @ mrbt no \$

L @ T \$ CAMBRIDGE [*Huntingdon Road*]

Descend Castle Hill (castle behind car park),
SO @ TL, SO @ mrbt, thru bollards

L @ Round Church, R @ T then L @ TL

SO @ all TLs and RBTs to Cambridge Airport
\$ NEWMARKET A1134 becomes A1303

SO @ RBT after P+R and runway approach

L \$ Stow cum Quy NCN51, through underpass
then R

Follow NCN \$ Bottisham A1303 (rejoin road)

Cont A1303 to Newmarket (SO @ 1x RBT)

In Newmarket SO @ TL soon R @ RBT imm L
\$ MOULTON

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In Moulton SO @ STGX

R @ T in Gazeley \$ NCN51

Soon L \$ Higham, NCN51

R \$ Desning Hall, NCN51

Desning Hall to R at sharp LHB

R @ T \$ BARROW, NCN51

Denham castle to R at sharp LHB

L @ T/GT \$ BARROW NCN51

SO @ X imm R @ T \$ SAXHAM

Thru the Saxhams

In Bury R @ mrbt \$ Town Centre (garage on L
optional control)

SO @ RBT \$ Bus Station

CONTROL Bury 49km

Shops, cafés, banks

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2 Bury to Needham Market 29km

Cont to R eff SO on LHB

Imm SO thru bollards on LHB down side of
Gregg's (ped zone: walk 30m)

Keep SO to R @ T imm L @ TL

Under A14 and R \$ Except for Access
[Shakers Ln] imm SO thru no entry USE CYCLE
PATH!

SO @ RBT no \$ [*Mount Rd*]

SO @ RBT \$ THURSTON NCN51

Good, smooth cycle path on RHS

R @ X \$ Beyton

L @ T opp village sign, \$ DRINKSTONE then
imm R @ GT \$ DRINKSTONE

R @ T \$ WOOLPIT GN, Rattlesden

Soon L on RHB eff SO \$ Ipswich, Shelland

R @ T \$ STOWMARKET

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R @ T, over bridge and L \$ COMBS FORD
[Combs Ln]

Bear L @ mrbt imm R into cycle lane, or R thru
Esso garage forecourt

Imm SO (2E) @ mrbt \$ NEEDHAM MKT (B1113)

SO (3E) @ RBT \$ NEEDHAM MKT (B1113)

Cycle path entrance on LHS to cross RBT

SO (3E) @ RBT !CARE! \$ NEEDHAM MKT B1113

!CARE BUSY! *Passable cycle path on LHS*

CONTROL Needham Market 78km

*Elton House News on LHS – return to here for turn;
also Co-op, Post Office, pubs further on*

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3 Needham Mkt to Framlingham 26km

L by Elton House News opp council building
\$ Low Bridge [*Hawks Mill St*]

R @ T opp PB [Jacks Green Rd], imm bear L @ GT
\$ Creting St Mary, NCN51

1st L in Creting St Mary \$ dead end

Soon R @ GT

Thru bollards and R @ T \$ STONHAM ASPAL
A1120

L & R @ T \$ STONHAM ASPAL

R @ T \$ EARL SOHAM

R @ T \$ FRAMLINGHAM in Earl Soham

R by church no \$

In Framlingham L @ T no \$

CONTROL Framlingham 104km

*Paddy & Scott's Café on mrbt, or R @ mrbt for
shops, banks, souvenirs, and to view the castle*

SO @ X \$ HAUGHLEY [School Rd]

L @ T opp church

SO @ X by Shoulder of Mutton PH

In Haughley, R @ T \$ WETHERDEN, BURY ST
EDMUNDS

Soon L @ GT by PO \$ WETHERDEN

Haughley Castle (moat) on RHS after church

L @ T in Wetherden \$ ELMSWELL

R @ X opp The Maypole PH \$ ELMSWELL

Thru Elmswell to R @ RBT (3rd exit) \$ Ixworth
A1088

2nd L \$ TOSTOCK, NCN51

L @ T opp white picket fence, *imm* R \$ NCN51

L @ T no \$

R @ T \$ Gt Barton

Soon 1st L @ (x) \$ Bury St Edmunds

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4 Framlingham to Bury 50km

Return to mrbt where L \$ All Other Routes

1st L opp school [*Vyces Rd*]

R @ T \$ in hedge, NCN51 [*Brook Ln*]

L @ T no \$ by church

L \$ DEBENHAM after The Victoria PH

In 3km, R @ (x) \$ DEBENHAM [Thorpe Ln]

In Debenham R @ T \$ Eye

1st L \$ Fire Station, Police Station

L @ X no \$

L @ T/GT \$ missing

Soon R on LHB \$ MICKFIELD

SO @ STGX \$ STOWUPLAND

L @ T \$ STOWUPLAND

R @ T eff SO, imm R no \$ [Rendall Ln]

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SO @ 2xRBT no \$

Descend then L @ T at end of 1-way

Under A14, over river and past East Gate \$ (on
RHS) opp water gate (LHS)

SO @ TL and bear L

R opp ancient tower \$ Guildhall, Town Centre
[*Churchgate St*]

R @ T NCN51 [*Guidhall St*]

CONTROL Bury 154km

Cafés, shops, banks, fast food

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5 Bury St Edmunds to Girton 50km

Return to Guildhall and exit east (L) via Woolhall St by Pizza Hut

Soon bear L imm R @ T [King's Rd]

Soon SO @ RBT !CARE BUSY!

R @ X [West Rd]

L @ T no \$ [Westley Rd] to leave Bury

L by village sign on gn in Barrow, imm SO @ X \$ Denham, Dalham

In Dalham R @ T imm bear L over bridge

Soon L @ GT \$ NEWMARKET

L @ T \$ NEWMARKET

R @ T eff SO \$ NEWMARKET B1063

In Newmkt L @ TL \$ CAMBRIDGE A1304

Bear R (3E) @ RBT \$ CAMBRIDGE A1303

SO @ RBT over A14 \$ CAMBRIDGE !CARE BUSY!

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Key

R, L, RHS, LHB—*Right, Left, Right/Left-hand side/bend*

SO—*Straight on* @—*At*

thru—*Through* cont—*Continue*

opp—*opposite* IMM—*Immediately*

T—*T-junction* GT—*Green Triangle* gn—*Green*

X—*Crossroads (give way)* STGX—*Staggered X*

[x]—*Crossroads (in your favour, easy to miss)*

RBT (3E)—*Roundabout, third exit* mrbt—*Mini RBT*

TL—*Traffic lights*

\$ Higham—*Sign to Higham*

\$ BARROW—*Sign to and go to/through Barrow*

[Braggs Ln]—*Signed street name*

NCN51—*National Cycle Network route 51*

LC—*Level crossing*

xing—*Crossing* pedx—*Pedestrian crossing*

PH—*Public house* PB—*Post box* TB—*Telephone box*

NSL—*National Speed Limit sign*

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SO @ all RBTs and TLs to city centre *then ...*

SO @ TL and follow 1-way to R

SO @ RHB by Round Church

Climb Castle Hill and SO @ 3x TL
[Huntingdon Rd]

Optional control at BP garage on RHS (24hr)

R \$ Girton, soon SO @ mrbt to ...

ARRIVÉE Girton 204km

*Co-op on RHS (07.00-22.00), The George PH on LHS
in 1km*

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Organised by Nick Wilkinson, 07500 787785.

This AUK permanent event can be ridden in either direction starting at any control. If you wish to start at a point between controls, please check with organiser first.

You must notify the organiser of your intent to start before you set off.

Write shop names and control times on brevet and send with receipts/proofs of passage to:

Nick Wilkinson
42 Dodford Lane
Girton
Cambridge
CB3 0QE

If submitting GPS track as proof of passage then email raw GPS file to nick@camaudax.uk.

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. Remember: this route is advisory.

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