

Cambridge Four Counties 200

1 Girton to Huntingdon 29km

R from Co-op on Girton Rd to head away from Cambridge

After Girton village, R \$ Histon

L @ TL onto access road beside guided busway \$ ST IVES

Follow busway over 3x TL to ST IVES

At bus station in St Ives, cross bus lanes to cycle path, then SO @ toucan xing and into town centre

Pass Oliver Cromwell's statue and exit town square by Lloyds Bank and L \$ River

Over historical bridge soon R @ X no \$ [Hemingford Rd] into Hemingford Grey

L opp The Cock PH \$ HEMINGFORD ABBOTS [Braggs Ln]

1st R \$ HEMMINGFORD ABBOTS, NCN51

2

SO @ gate to bridleway \$ NCN51

Thru gate and L \$ Pathfinder Way

R @ T \$ NCN51

Bear R @ mrbt

Over narrow stone bridge then take RH lane and ...

EITHER SO thru bollards !CARE kerb! and SO;

OR bear L into one-way \$ Town Centre NCN51, soon R \$ Town Centre, soon L @ T to town centre

Imm L on RHB eff SO by The Three Tuns PH

CONTROL Huntingdon 29km

Cafés, shops, cash points

1

Key

R, L, RHS, LHB—*Right, Left, Right/Left-hand side/bend*

SO—*Straight on* @—*At*

thru—*Through* cont—*Continue*

opp—*opposite* IMM—*Immediately*

T—*T-junction* GT—*Green Triangle*

X—*Crossroads (give way)*

[x]—*Crossroads (in your favour, easy to miss)*

RBT—*Roundabout* mrbt—*Mini Roundabout*

TL—*Traffic lights*

\$ Histon—*Sign to Histon*

\$ ST IVES—*Sign to and go to/through St Ives*

[Braggs Ln]—*Signed street name*

NCN51—*National Cycle Network route 51*

LC—*Level crossing*

xing—*Crossing* pedx—*Pedestrian crossing*

PH—*Public house* PB—*Post box* TB—*Telephone box*

NSL—*National Speed Limit sign*

2

Organised by Nick Wilkinson, 07500 787785.

This AUK permanent event can be ridden in either direction starting at any control. If you wish to start at a point between controls, please check with organiser first.

You must notify the organiser of your intent to start before you set off.

Write shop names and control times on brevet and send with receipts/proofs of passage to:

Nick Wilkinson
42 Dodford Lane
Girton
Cambridge
CB3 0QE

If submitting GPS track as proof of passage then email raw GPS file to nick@camaudax.uk.

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. Remember: this route is advisory.

1

2 Huntingdon to Wootton Fields, Northampton 68km

Exit town square by church and imm L @ T

SO @ TL no \$ [George St], soon SO @ TL over east-coast line under low bridge for A14

Hinchingbrooke School on RHS

SO @ RBT \$ Kettering, The North

L @ mrbt \$ Cycle Ride [Grove Ln]

Soon R @ T \$ NCN12 (51), Cycle Ride

In Grafham, L @ T \$ BUCKDEN, Cycle Ride

R @ T \$ GT STAUGHTON B661

L @ T \$ Hail Weston B645

Soon R on LHB \$ Little Staughton, Pertenhall

And into Bedfordshire (no \$)

L @ X \$ KEYSOE, Bedford B660

In Keysoe R \$ RISELEY

1

R @ T \$ Grendon

1st L \$ CASTLE ASHBY no \$ [Parkhill Rd]

Castle Ashby House on LHS

In Castle Ashby R @ T (GT), soon R @ T (GT) \$ Grendon

1st L \$ DENTON !CARE Gravel!

In Denton L @ T (GT) \$ Yardley Hastings

R @ T \$ LITTLE HOUGHTON A428

Soon L \$ HORTON [Horton Rd]

In Horton, L @ T \$ HORTON

Soon R @ T \$ HACKLETON, Northamp'n B526

L @ RBT \$ WOOTTON FIELDS

Soon 1st R [Wootton Hope Dr]

2nd L into car park *then follow* \$ Shop Parking

CONTROL Wootton Fields 97km

2

In Riseley L @ T \$ SHARNBROOK

Before NSL, R \$ SHARNBROOK

R @ T \$ Kettering, soon L \$ SHARNBROOK

R @ T (GT) by The Fordham Arms PH \$ SHARNBROOK

In Sharnbrook L opp Cake Shop \$ ODELL [Church Ln]

Soon bear L @ RBT

R @ T \$ Hinwick, Podington

And into Northamptonshire (no \$)

1st L \$ BOZEAT

In Bozeat L @ T, imm R [Mile St]

Soon R @ T, imm L @ T

After Easton Maudit, L on RHB eff SO \$ CASTLE ASHBY

2

Co-op, cash point, chippie

1

3 Wootton Fields to Milton Keynes Watling St 31km

Leave car park where L @ T then 1st L
[Curtlee Hill]

L @ T then SO @ RBT \$ QUINTON

Thru Quinton, cross M1 and into
Buckinghamshire (no \$)

L @ T \$ HANSLOPE

SO @ mrbt

SO @ 2x mrbt

SO (2E) @ RBT \$ Central Milton Keynes

*Note: cycle path to L: MK is a warren and a
route through it hasn't yet been identified*

SO (2E) @ RBT \$ Bancroft, Central MK
[Grafton St]

SO @ 11x RBTs \$ Central MK; MK South;
Aylesbury; GRANBY [V6]

2

SO @ RBT \$ Denbigh West Industry !CARE!,
imm L no \$ [Denbigh Rd]

Note: this is the old-A5 Watling St

SO (2E) @ RBT no \$

Imm SO @ double mrbt to head E on
Watling St

Alternative control: R @ RBT into Tesco

SO @ all TLs and RBTs until out of MK then ...

At large RBT with A5, use cycle path to R to
access services opposite

CONTROL Milton Keynes Watling St 128km

McDonald's, Shell garage, farmers' market

1

4 Milton Keynes to Sandy 42km

Exit services: R @ TL to RH lane !CARE!

Imm SO (2E) @ RBT \$ BOW BRICKHILL,
Bedford, use RH lane !CARE!

Cycle crossing available on LHS

R @ mrbt \$ WOBURN SANDS

Soon R on LHB \$ Church Road only

*Climb this idyllic, ancient, scenic right of way
back into Bedfordshire*

R @ T no \$

In Woburn L @ [x] \$ Woburn Abbey
!CARE Cattle grids!

*Climb up through Woburn Park and descend
— beware the lions and tigers and bears!*

Cross the M1

SO @ RBT \$ AMPTHILL

R @ RBT shortly L @ RBT \$ AMPTHILL

2

SO @ 2x mrbt no \$

In town centre SO @ 2x mrtb \$ MAULDEN

L @ RBT \$ MAULDEN

L after green & mem'l \$ HAYNES

L @ T in Haynes West End

Soon L @ T imm R over A6 \$ HAYNES

R @ T \$ Ireland

Soon SO @ X \$ OLD WARDEN

L @ GT \$ ICKWELL [Warden Rd]

L @ T \$ SANDY

*Optional control: L imm after bridge then R
into garage/Co-op*

SO @ RBT \$ SANDY B1042

R @ RBT \$ Town Centre

CONTROL Sandy 170km

Cafés, shops, banks

1

1

5 Sandy to St Ives 30km

Imm L \$ Health Centre opp Barclays,
Budgens [*Cambridge Rd*]

SO over bridge \$ No Vehicles

L @ T no \$

Thru Everton then L \$ Gamlingay

And back into Cambridgeshire

1st L @ [x] \$ WARESLEY

L @ T \$ ST IVES B1040

R @ T soon L over A428 \$ ST IVES B1040
!CARE BUSY!

L @ RBT soon SO @ RBT \$ HILTON, ST IVES
B1040

SO @ RBT to cross over A14 \$ ST IVES A1096

Garage on LHS is optional control

L @ RBT \$ Hemingfords imm R @ [x] into
London Road

L @ T \$ GIRTON

ARRIVÉE Girton 218km

*The George PH on RHS, Co-op on LHS (07.00-
22.00) in 1km; 24hr BP Garage: carry on,
SO @ mrbt then L @ T, 200m on LHS*

2

Cross R Great Ouse on historical bridge with
chapel midway

Note nice café imm on LHS at end of bridge

R at end to town square

!NOTE you must walk the final few metres to
the turn, because it's one-way!

CONTROL St Ives 200

Cafés, banks, shops

6 St Ives to Girton 18km

Exit town square SO

At end use toucan xing to cross to bus
station

Cross to bridle path on RHS of bus station
(next to lake)

Follow busway path for 14km: SO @ 3xTL to

...

R @ TL \$ GIRTON

2

1