

Cambridge Four Counties 200

1 Girton to Huntingdon 29km

R from Co-op on Girton Rd to head away from Cambridge

After Girton village, R \$ Histon 2.2

L @ TL onto access road beside guided busway \$ ST IVES

Follow busway over 3x TL to ST IVES

At bus station in St Ives, cross bus lanes to cycle path, *then* SO @ toucan xing and into town centre 17.5

Pass Oliver Cromwell's statue and exit town square by Lloyds Bank and L \$ River

Over historical bridge *soon* R @ X no \$ [Hemingford Rd] into Hemingford Grey 18.8

L opp The Cock PH \$ HEMINGFORD ABBOTS [Braggs Ln] 20.7

1st R \$ HEMMINGFORD ABBOTS, NCN51

2

SO @ gate to bridleway \$ NCN51 23.4

Thru gate and L \$ Pathfinder Way

R @ T \$ NCN51 25.4

Bear R @ mrbt

Over narrow stone bridge *then* take RH lane and ... 27.6

EITHER SO thru bollards !CARE kerb! and SO;

OR bear L into one-way \$ Town Centre NCN51, *soon* R \$ Town Centre, *soon* L @ T to town centre 28.0

Imm L on RHB eff SO by The Three Tuns PH

CONTROL Huntingdon 29km 28.5

Cafés, shops, cash points

1

Key

R, L, RHS, LHB—*Right, Left, Right/Left-hand side/bend*

SO—*Straight on* @—*At*

thru—*Through* cont—*Continue*

opp—*opposite* IMM—*Immediately*

T—*T-junction* GT—*Green Triangle*

X—*Crossroads (give way)*

[x]—*Crossroads (in your favour, easy to miss)*

RBT—*Roundabout* mrbt—*Mini Roundabout*

TL—*Traffic lights*

\$ Histon—*Sign to Histon*

\$ ST IVES—*Sign to and go to/through St Ives*

[Braggs Ln]—*Signed street name*

NCN51—*National Cycle Network route 51*

LC—*Level crossing*

xing—*Crossing* pedx—*Pedestrian crossing*

PH—*Public house* PB—*Post box* TB—*Telephone box*

NSL—*National Speed Limit sign*

2

Organised by Nick Wilkinson, 07500 787785.

This AUK permanent event can be ridden in either direction starting at any control. If you wish to start at a point between controls, please check with organiser first.

You must notify the organiser of your intent to start before you set off.

Write shop names and control times on brevet and send with receipts/proofs of passage to:

Nick Wilkinson
42 Dodford Lane
Girton
Cambridge
CB3 0QE

If submitting GPS track as proof of passage then email raw GPS file to nick@camaudax.uk.

This event is run under the governance of Audax UK and is undertaken as a private excursion on public roads. Remember: this route is advisory.

1

2 Huntingdon to Wootton Fields, Northampton 68km

Exit town square by church and imm L @ T

SO @ TL no \$ [George St], soon SO @ TL over east-coast line under low bridge for A14

Hinchingbrooke School on RHS

SO @ RBT \$ Kettering, The North

L @ mrbt \$ Cycle Ride [Grove Ln] 3.3

Soon R @ T \$ NCN12 (51), Cycle Ride

In Grafham, L @ T \$ BUCKDEN, Cycle Ride 9.1

R @ T \$ GT STAUGHTON B661 11.4

L @ T \$ Hail Weston B645 17.6

Soon R on LHB \$ Little Staughton, Pertenhall

And into Bedfordshire (no \$)

L @ X \$ KEYSOE, Bedford B660 23.0

In Keysoe R \$ RISELEY 24.8

2

In Riseley L @ T \$ SHARNBROOK 29.3

Before NSL, R \$ SHARNBROOK

R @ T \$ Kettering, soon L \$ SHARNBROOK 34.1

R @ T (GT) by The Fordham Arms PH \$ SHARNBROOK

In Sharnbrook L opp Cake Shop \$ ODELL [Church Ln] 36.0

Soon bear L @ RBT

R @ T \$ Hinwick, Podington 41.1

And into Northamptonshire (no \$)

1st L \$ BOZEAT 44.9

In Bozeat L @ T, imm R [Mile St] 47.2

Soon R @ T, imm L @ T

After Easton Maudit, L on RHB eff SO \$ CASTLE ASHBY 49.8

1

R @ T \$ Grendon 51.6

1st L \$ CASTLE ASHBY no \$ [Parkhill Rd]

Castle Ashby House on LHS

In Castle Ashby R @ T (GT), soon R @ T (GT) \$ Grendon

1st L \$ DENTON !CARE Gravel! 55.0

In Denton L @ T (GT) \$ Yardley Hastings 57.7

R @ T \$ LITTLE HOUGHTON A428

Soon L \$ HORTON [Horton Rd]

In Horton, L @ T \$ HORTON 62.5

Soon R @ T \$ HACKLETON, Northamp'n B526

L @ RBT \$ WOOTTON FIELDS 68.0

Soon 1st R [Wootton Hope Dr]

2nd L into car park then follow \$ Shop Parking

CONTROL Wootton Fields 97km 68.6

2

Co-op, cash point, chippie

1

3 Wootton Fields to Milton Keynes Watling St 31km

Leave car park where L @ T then 1st L
[Curtlee Hill]

L @ T then SO @ RBT \$ QUINTON 1.0

Thru Quinton, cross M1 and into
Buckinghamshire (no \$)

L @ T \$ HANSLOPE 10.9

SO @ mrbt

SO @ 2x mrbt 17.6

SO (2E) @ RBT \$ Central Milton Keynes

*Note: cycle path to L: MK is a warren and a
route through it hasn't yet been identified*

SO (2E) @ RBT \$ Bancroft, Central MK
[Grafton St]

SO @ 11x RBTs \$ Central MK; MK South;
Aylesbury; GRANBY [V6]

2

SO @ RBT \$ Denbigh West Industry !CARE!,
imm L no \$ [Denbigh Rd] 27.7

Note: this is the old-A5 Watling St

SO (2E) @ RBT no \$ 28.3

Imm SO @ double mrbt to head E on
Watling St

Alternative control: R @ RBT into Tesco

SO @ all TLs and RBTs until out of MK then ...

At large RBT with A5, use cycle path to R to
access services opposite 30.5

**CONTROL Milton Keynes Watling St
128km 30.8**

McDonald's, Shell garage, farmers' market

1

4 Milton Keynes to Sandy 42km

Exit services: R @ TL to RH lane !CARE!

Imm SO (2E) @ RBT \$ BOW BRICKHILL,
Bedford, use RH lane !CARE!

Cycle crossing available on LHS

R @ mrbt \$ WOBURN SANDS 1.5

Soon R on LHB \$ Church Road only

*Climb this idyllic, ancient, scenic right of way
back into Bedfordshire*

R @ T no \$ 6.3

In Woburn L @ [x] \$ Woburn Abbey
!CARE Cattle grids! 7.8

*Climb up through Woburn Park and descend
— beware the lions and tigers and bears!*

Cross the M1 13.9

SO @ RBT \$ AMPTHILL 16.5

R @ RBT shortly L @ RBT \$ AMPTHILL

2

SO @ 2x mrbt no \$ 18.8

In town centre SO @ 2x mrtb \$ MAULDEN

L @ RBT \$ MAULDEN

L after green & mem'l \$ HAYNES 21.1

L @ T in Haynes West End 24.0

Soon L @ T imm R over A6 \$ HAYNES

R @ T \$ Ireland 29.8

Soon SO @ X \$ OLD WARDEN

L @ GT \$ ICKWELL [Warden Rd] 35.7

L @ T \$ SANDY 39.8

*Optional control: L imm after bridge then R
into garage/Co-op*

SO @ RBT \$ SANDY B1042

R @ RBT \$ Town Centre

CONTROL Sandy 170km 42.0

Cafés, shops, banks

1

1

5 Sandy to St Ives 30km

Imm L \$ Health Centre opp Barclays,
Budgens [*Cambridge Rd*]

SO over bridge \$ No Vehicles

L @ T no \$

Thru Everton *then* L \$ Gamlingay 4.6

And back into Cambridgeshire

1st L @ [x] \$ WARESLEY

L @ T \$ ST IVES B1040 8.8

R @ T *soon* L over A428 \$ ST IVES B1040
!CARE BUSY! 16.3

L @ RBT *soon* SO @ RBT \$ HILTON, ST IVES
B1040 19.4

SO @ RBT to cross over A14 \$ ST IVES A109626.6

Garage on LHS is optional control

L @ RBT \$ Hemingfords *imm* R @ [x] into
London Road 28.8

2

Cross R Great Ouse on historical bridge with
chapel midway

Note nice café imm on LHS at end of bridge

R at end to town square
!NOTE you must walk the final few metres to
the turn, because it's one-way!

CONTROL St Ives 200 29.9

Cafés, banks, shops

6 St Ives to Girton 18km

Exit town square SO

At end use toucan xing to cross to bus
station

Cross to bridle path on RHS of bus station
(next to lake)

Follow busway path for 14km: SO @ 3xTL to

...

R @ TL \$ GIRTON 14.8

L @ T \$ GIRTON

ARRIVÉE Girton 218km 17.9

*The George PH on RHS, Co-op on LHS (07.00-
22.00) in 1km; 24hr BP Garage: carry on,
SO @ mrbt then L @ T, 200m on LHS*

2

1